

What's involved - RLSSQ First Aid Statement of Attainment Course Outline (HLTFA301B & HLT CPR201A)

Identified Program:	First Aid and CPR The RLSSQ First Aid and CPR Award provides the minimum requirement for those persons wishing to provide simple effective management skills to common medical emergencies.
Aim:	To develop acceptable standards of knowledge, judgement, skills and physical abilities for the provision of effective management skills to common medical emergencies.
Minimum Age:	14 years.
Pre-requisite:	Current RLSSQ Apply First Aid and Perform CPR
1. Theory	<p>Answer questions on:</p> <p>1.1 The performance of a secondary survey.</p> <p>1.2 Emergency care of people suffering from injuries to the following :</p> <ul style="list-style-type: none"> ▪ Limbs ▪ Head ▪ Face ▪ Neck ▪ Spine ▪ Chest ▪ Abdominal injuries. <p>1.3 Emergency care of people suffering from medical emergencies such as:</p> <ul style="list-style-type: none"> ▪ Fainting ▪ Burns ▪ Bleeding ▪ Choking ▪ Asthma ▪ Diabetes ▪ Epilepsy ▪ Heart attack ▪ Poisons ▪ Envenomation ▪ Exposure to the hot & cold <p>1.4 Communicable diseases, risks & prevention.</p> <p>1.5 Occupational Health and Safety Regulations including knowledge of:</p> <ul style="list-style-type: none"> ▪ Hazard Identification and Risk Assessment ▪ Material Safety Data Sheets (MSDS) ▪ Record Keeping and Documentation <p>1.6 Basic Anatomy and Physiology</p>
2. Resuscitation / Primary Assessment	Complete the test for the resuscitation award.

RLSSQ First Aid Statement of Attainment Course Outline (cont'd):

<p>3. Injury Management / Emergency Response</p>	<p>3.1 Demonstrate the appropriate emergency care in dealing with:</p> <ul style="list-style-type: none"> ▪ Bleeding ▪ Shock ▪ Burns ▪ Limb injuries ▪ Head injuries ▪ Facial injuries ▪ Neck & spinal injuries ▪ Chest injuries ▪ Abdominal injuries
<p>4. Medical Emergency Management / Emergency Response</p>	<p>Demonstrate the appropriate emergency care in dealing with medical emergencies such as:</p> <ul style="list-style-type: none"> ▪ Fainting ▪ Choking ▪ Asthma ▪ Diabetes ▪ Epilepsy ▪ Heart attack ▪ Poisons ▪ Envenomation ▪ Exposure to the hot & cold
<p>5. Secondary Survey</p>	<p>Perform a secondary survey of a conscious casualty which should include:</p> <ul style="list-style-type: none"> ▪ Assessment of the history. ▪ Assessment of the signs. ▪ Assessment of the symptoms ▪ Head to toe examination.
<p>6. Initiative/Scenario</p>	<p>In a simulated work environment the learner is required to demonstrate the following skills required to recognise and respond to an emergency using basic life support measures:</p> <ul style="list-style-type: none"> ▪ Ensure safety and wellbeing of rescuer, bystanders and patients ▪ First aid casualty management including triage principles ▪ Ensure appropriate infection control procedures are utilized ▪ Position the casualties appropriately for their injuries ▪ Document incident in compliance with OH & S ▪ Notify support personnel, emergency services, and post trauma services in accordance with workplace protocols using available communications systems.