

AUTUMN

2008

"Everyone can be a Life Saver"



Royal Life Saving Queensland

Competency Based Trainers

Assessment Records need to be fully completed—this includes:

- Participant's full name (not initials)
- Date of Birth
- Full Address with Postcode
- Contact phone number
- All records must be signed and dated by the trainer and participant.
- Full CURRENT trainer number must be written down

In future—if all sections are not completed Assessment Records will be returned to the trainer for correction (which will delay the issuing of the certificates).

Please also ensure that a completed ERF is sent with the Assessment Records. Assessment Records sent on their own will not be processed until we receive a completed ERF.

Pool Lifeguard Course

- Minimum age for this course is 16 years old.
- Certificates will not be issued to participants under this age.



Course Registration/Pack Orders

Two weeks notice is required for orders to be processed and mailed out to trainers.

This is printed on the course registration forms.

DATES TO REMEMBER

MAY

24th Grey Medallion Workshop
25th Recreational Trainers
Workshop—Burpengary
Aquatic & Fitness Centre,
Burpengary

JUNE

28th Austswim Conference
29th RLSSQ Development Workshop

SEPTEMBER

18th AGM

OCTOBER

16th Primary School Championships
23rd Secondary School Championships
26th Pro-AM

1204 New Cleveland Road Gumdale QLD 4154

PO Box 1093
Capalaba DC QLD 4157



Phone: (07) 3823 2823

Fax: (07) 3823 2423

E-mail: rlssq@ozemail.com

RLSSQ would like to announce that at the end of March the organisation purchased the Burpengary Aquatic and Fitness Centre.

This facility is located at 20 Fountain Rd, Burpengary and will become the headquarters for the RLSSQ Central Queensland branch. The newly appointed Regional Manager is Michael Darben and the Assistant Regional Manager is former QLD Sharks Lifesaving team member Priya Pitt. The phone number for this facility is (07) 3888 1088.

The facility is comprised of an indoor 25 metre heated pool, an indoor learn to swim pool, an indoor hydrotherapy pool and two training rooms.

Grey Medallion

RLSSA has launched a water safety program targeted at people 55 years and over. The Grey Medallion is a variation of the Bronze Medallion and aims to promote a healthy, active and safe aquatic lifestyle for people over 55.

The program has four key components:

1. Water Safety Knowledge
2. Resuscitation and Emergency Care
3. Aquatic Exercise
4. Personal Survival and Lifesaving Skills.

RLSSQ will be running an Instructors Workshop for trainers on the requirements of the 'Grey Medallion'.

The course will be held at Burpengary Aquatic and Fitness Centre on Saturday 24 May 2008 from 1-5pm. All trainers interested please contact Aleisha Fisher on (07) 3823 2823 or via email training@rlssq.com.au.



Rob Bradley and John Konrads with participants of the Grey Medallion including Lifesaver of the Century, Gwen Welford.



Priya Pitt and Michael Darben at the Burpengary Aquatic and Fitness Centre.

Professional Development Workshops

In 2008 RLSSQ is holding the Professional Development Workshop in conjunction with Austswim. The Workshop will be held on the 28 and 29 June. Please find a copy of the brochure included with this newsletter.

A workshop for current and prospective recreational trainers will be held on 25 May at the Burpengary Aquatic and Fitness Centre. A brochure for this workshop has also been included with this newsletter.



NOMINATION FOR 2008/09 SPORTS COMMITTEE

The nomination form must be returned by _____ to:
The Secretary, RLSSQ, PO Box 1093, Capalaba DC QLD 4157

Nominees Name:

For the position of:

Proposer:

Secunder:

Signature:

Signature:

Date:/...../2008

Date:/...../2008

NOMINATION FOR STATE COACH

The nomination form must be returned by _____ to:
The Secretary, RLSSQ, PO Box 1093, Capalaba DC QLD 4157

Nominees Name:

For the position of:

Proposer:

Secunder:

Signature:

Signature:

Date:/...../2008

Date:/...../2008

NOMINATION FOR STATE TEAM MANAGER

The nomination form must be returned by _____ to:
The Secretary, RLSSQ, PO Box 1093, Capalaba DC QLD 4157

Nominees Name:

For the position of:

Proposer:

Secunder:

Signature:

Signature:

Date:/...../2008

Date:/...../2008

NOMINATION FOR ELECTION TO THE BOARD OF DIRECTORS 2008/09

Under the rules of Royal Life Saving Society Queensland Inc, each member of the Board of Directors shall hold office for a term of two (2) years. The election of the Board is staggered and at least half of the Board must stand for re-election each year. This year (2008/09) the President, Treasurer and one member are to retire. Any retiring office bearer or member shall be eligible for re-election. The rules state that any two (2) financial members may nominate any person in writing, to any vacant Board position by 30 June 2008. If two (2) or more people nominate for one position, a postal ballot will be conducted and the results will be announced at the Annual General Meeting.

**The nomination form must be returned by 30 June 2008 to -
The Secretary, RLSSQ, PO Box 1093, Capalaba Q 4157.**

I, (your name):			
Nominate:			
(who is a current member of RLSSQ)			
For the position of:			
Proposer:		Seconder:	
(name)	(signature)	(name)	(signature)

NOMINATION FOR SOCIETY HONOURS

Nominations are now called for Honours recipients for the 2007 – 2008 season. Honours are awarded to members of the Society in a range of categories and in accordance with the following criteria:

Active membership for a number of years – the length of time determines the award.

By gaining an exceptional number of qualifications during a season.

For voluntary service and/or contributions to the aims and objectives of the Society.

Nominations are called for in the following categories:

Commonwealth Honours (a copy of the Commonwealth Honours Criteria is enclosed)

National Honours

The Iris Cribb Bursary

Votes of Thanks

All nominations should be completed on the form below and forwarded to RLSSQ by Friday 2 May 2008.

NOMINATION FORM FOR HONOURS 2007-2008 SEASON

Name of Nominee:

Address:

.....p/c

Nominated by:

Previous Honours: Year

..... Year

..... Year

PLEASE ATTACH A CITATION DESCRIBING THE ACTIVITIES OF THE NOMINEE.

Post to: RLSSQ, PO Box 1093, Capalaba Q 4157

