

APRIL
2009

"Everyone can be a Life Saver"



Royal Life Saving Queensland

Competency Based Workshops

Workshop Enrolment Forms will be available from: www.rlssq.com.au

Announcement!

Which Workshop Should I Attend?

There are three workshops occurring this year for competency based trainers. To decide which you should attend, please read through the following information on each workshop.

Important change – your accreditation will only be updated for those qualifications that you are currently endorsed as a trainer for, with the exception of the Resuscitation award, which all participants will be required to complete. If you hold a qualification (e.g. pool lifeguard, oxygen equipment etc) but are not endorsed as a trainer, you will not be able to use this as an update.

First Aid Trainer Workshop

The Plantation - 17th May 2009

This workshop is for any trainers delivering resuscitation, first aid and oxygen equipment. Sessions on the day will include the change over to the Health Training Package. This workshop contains no water based content and is not suitable for Bronze or Lifeguard only trainers.

Combined Trainer Workshop

The Southport School - 6th July 2009

This workshop covers all the courses we deliver. Options will be available for first aid, resuscitation, oxygen equipment, bronze medallion and pool lifeguard. Bronze and Pool lifeguard trainers will be required to actively participate in the water based sessions. Additional sessions for recreational trainers who want to become competency trainers will also be available.

Bronze Medallion and Pool Lifeguard

Trainer Workshop

Burpengary Aquatic (RLSS-CQ) - 22nd August 2009

This workshop will cover Bronze Medallion, Resuscitation, Oxygen Equipment and Pool Lifeguard. There is no first aid content on this day. This workshop is suitable for those who do not deliver First Aid. Active participation is required and water work is part of the day.

DATES TO REMEMBER

APRIL

23rd Secondary School Championships

MAY

9th Competition Workshop
10th State Championships
17th First Aid Trainer Workshop

JULY

4th/5th Austswim Conference
6th RLSSQ Workshop (including
FA, BM & PLG)

AUGUST

22nd Bronze & Lifeguard Trainer
Workshop (no FA)
23rd QLD Short Course Lifesaving
Championships

SEPTEMBER

17th Annual General Meeting

OCTOBER

16th Black Tie Ball

1204 New Cleveland Road Gumdale QLD 4154
PO Box 1093
Capalaba DC QLD 4157



Phone: (07) 3823 2823
Fax: (07) 3823 2423
E-mail: rlssqadmin@ozemail.com.au

Grant Thank You

In December 2008 RLSSQ was successful with a submission for funding to replace training equipment and secure additional resources.

We wish to thank the **Gambling Community Benefit Fund**

for their support.



Pictured is a selection of the equipment we were able to purchase with the funding.



Love 2 Swim Workshops

Love 2 Swim continues to be a great success with many new schools and swim schools taking up the program.

Love 2 Swim workshops are still available and are currently being run on request. Remember these workshops conducted by HQ are registered with Austswim for 4 hours PD for your learn to swim staff (active participation in the session is required)

Love 2 Swim Cap and Goggle Packs

Those who have not received Love 2 Swim cap and goggle packs to date may apply for consideration.

Please remember that these packs are for use with students who are participating in the Love 2 Swim program and are working on attaining Swim and Survive levels. As a general rule, if you have received packs previously you are not eligible to receive more in the same year. Packs are also only allocated to Prep – Year 3 students except where there are exceptional circumstances. Please ensure that you complete a separate form for each school if you are applying for packs for more than one school. Students must also be listed as numbers per year level and not as one number for the whole school.

Packs will only be allocated to trainers who are current financial members. Remember that the packs are free but you are charged for freight (generally delivery is via TNT Courier). Email Aleisha (training@rlssq.com.au) to request the application form.



Active Family Fun Day

The Mt Gravatt East Pool is the latest edition to the Brisbane City Council pool network. The pool which will be managed by Sam Riley Swim Schools was the host to an Active Family Fun Day conducted by the Royal Life Saving Society on the 15th March 2009. Sam, an ambassador for the Society invited the RLSSQ to conduct the event which included activities such as “Play Safety Simon Says”, “Try Not To Get Caught Out”; “Learn How To Rescue and Resuscitate”, “Test your skills in Survival Circuit” and compete and race fast in noodle races. Further activities include singstar competitions and space hopper races. Sue Baxter-Winch brought her squad to the event to demonstrate the Pool Lifesaving Competition events.

NOMINATION FOR 2009/10 SPORTS COMMITTEE

The nomination form must be returned by **8th May 2009** to:
The Secretary, RLSSQ, PO Box 1093, Capalaba DC QLD 4157

Nominees Name:

For the position of:

Proposer:

Secunder:

Signature:

Signature:

Date:/...../2009

Date:/...../2009

NOMINATION FOR 2009/10 STATE COACH

The nomination form must be returned by **8th May 2009** to:
The Secretary, RLSSQ, PO Box 1093, Capalaba DC QLD 4157

Nominees Name:

For the position of:

Proposer:

Secunder:

Signature:

Signature:

Date:/...../2009

Date:/...../2009

NOMINATION FOR 2009/10 STATE TEAM MANAGER

The nomination form must be returned by **8th May 2009** to:
The Secretary, RLSSQ, PO Box 1093, Capalaba DC QLD 4157

Nominees Name:

For the position of:

Proposer:

Secunder:

Signature:

Signature:

Date:/...../2009

Date:/...../2009

NOMINATION FOR ELECTION TO THE BOARD OF DIRECTORS 2008/09

Under the rules of Royal Life Saving Society Queensland Inc, each member of the Board of Directors shall hold office for a term of two (2) years. The election of the Board is staggered and at least half of the Board must stand for re-election each year. This year (2009/10) the Deputy President, Secretary and two members are to retire. Any retiring office bearer or member shall be eligible for re-election. The rules state that any two (2) financial members may nominate any person in writing, to any vacant Board position by 30 June 2008. If two (2) or more people nominate for one position, a postal ballot will be conducted and the results will be announced at the Annual General Meeting.

**The nomination form must be returned by 30 June 2009 to -
The Secretary, RLSSQ, PO Box 1093, Capalaba Q 4157.**

I, (your name):			
Nominate:			
(who is a current member of RLSSQ)			
For the position of:			
Proposer:		Seconder:	
(name)	(signature)	(name)	(signature)

NOMINATION FOR SOCIETY HONOURS

Nominations are now called for Honours recipients for the 2008 – 2009 season. Honours are awarded to members of the Society in a range of categories and in accordance with the following criteria:

Active membership for a number of years – the length of time determines the award.

By gaining an exceptional number of qualifications during a season.

For voluntary service and/or contributions to the aims and objectives of the Society.

Nominations are called for in the following categories:

Commonwealth Honours (a copy of the Commonwealth Honours Criteria is enclosed)

National Honours

The Iris Cribb Bursary

Votes of Thanks

All nominations should be completed on the form below and forwarded to RLSSQ by Friday 29 May 2009.

NOMINATION FORM FOR HONOURS 2008-2009 SEASON

Name of Nominee:

Address:

.....p/c

Nominated by:

Previous Honours: Year

..... Year

..... Year

PLEASE ATTACH A CITATION DESCRIBING THE ACTIVITIES OF THE NOMINEE.

Post to: RLSSQ, PO Box 1093, Capalaba Q 4157

