

APRIL  
2010

"Everyone can be a Life Saver"



# Royal Life Saving Queensland

Royal Life Saving Society Queensland - launches

[www.love2swim.net](http://www.love2swim.net)

The Love2Swim website is all about having fun, getting wet and safely enjoying aquatic environments. More than 1 million people per year die by drowning. This shocking figure equates to a man, woman or child drowning somewhere in the world every 30 seconds.

In Australia the drowning of children under the age of five years is the nation's biggest accidental killer and the Royal Life Saving Society Queensland is working towards reducing this figure through its Love2Swim program.

Still water environments account for the majority of these tragedies and our Love2Swim website provides a unique introduction to the provision of information on general water safety education and lifesaving advice to the community in general.

We hope that you enjoy this most valuable life saving resource and we welcome your feedback.

Yours in Life Saving

Mark Frazer  
Project Officer



## DATES TO REMEMBER

### APRIL

24th Secondary School Championships

### MAY

23rd QLD State Championships

### JULY

5th Professional Development Workshop  
(including FA, BM & PLG)

24th Professional Development Workshop  
(FA/CPR only)

### AUGUST

22nd QLD Short Course Lifesaving Championships

### SEPTEMBER

TBA Qld Pro Am

### OCTOBER

28th Primary School Championships

### NOVEMBER

12th RLSSQ Annual Ball

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We are proud to announce that the Queensland Team won the Australian Pool Lifesaving Championships which were held at the AIS in Canberra from the 21st - 23rd January 2010. The team achieved many outstanding performances including those of Pamela Hendry who was awarded the Female Lifesaver of the Year and broke 5 Australian records in the under 19 female age group.

Queensland will defend their title and host the event in Brisbane in January 2011.

If you have any questions about Pool Lifesaving competitions including how to become a Competitor, Coach or Official, please email Michael Darben on [michael@rlssq.com.au](mailto:michael@rlssq.com.au) and it will be forwarded to Ashley Gordon (Sports Committee Chair and State Team Coach 2010).

Further information can be found on the National Branch website [www.royallifesaving.com.au](http://www.royallifesaving.com.au)



Eleven Queensland athletes were selected in the **Australia 2010 Elite Athlete Squad**:

Ryan Chapman  
Ty Collins  
Adam Douglas  
Joe Douglas  
Natalie Glossat  
Pam Hendry  
Alicia Kirk  
Martha Kneale  
Emma McKenzie  
Tom Rowles  
Jess Walker



Royal Life Saving Society - Australia and The Alliance for Safe Children, the hosts of the next International Life Saving Federation conference have launched a website promoting this fast approaching event. The World Conference on Drowning Prevention 2011 will be held in Danang, Vietnam, 10-13th May 2011. The conference aims to focus world attention on the global burden of drowning with a specific emphasis on the epidemic number of drowning deaths in developing countries.

The World Conference on Drowning Prevention 2011 website has several features designed to build interest in the conference and the issue of drowning as we work towards Danang, including a news service, venue information and a database of Conference Ambassadors. The hosts also aim to build a knowledge base of resources, projects, research and organisations, all focused on reinforcing the need for coordinated global advocacy to reduce drowning.

Tragically, more than 11,000 children drown in Vietnam each year. Typhoons cause heavy rain, flooding and storm surges that make preventing drowning a major priority to central and regional governments.

The conference will also include a visit to the SwimSafe Danang teaching sites to show the conference participants the first hand response to preventing the child drowning epidemic in Vietnam and the Asian region.

Check it out now, and be sure to register your interest to ensure that you are updated as we get closer to Danang 2011.

Website address: [www.worldconferenceondrowning.org](http://www.worldconferenceondrowning.org)



## **Competency Based Workshops**

Workshop enrolment forms will be available on the website by the end of May.  
Current trainers will be emailed the workshop enrolment form and trainers' application form.

### **Which Workshop Should I Attend?**

There are two workshops occurring this year for competency based trainers. To decide which you should attend, please read through the following information on each workshop.

Important change – your accreditation will only be updated for those qualifications that you are currently endorsed as a trainer for with the exception of the Resuscitation award, which all participants will be required to complete.

If you hold a qualification (e.g. pool lifeguard, oxygen equipment etc) but are not endorsed as a trainer, you will not be able to use this as an update.

Please also complete a new trainer application for the 2010/2011 financial period and send it in with your Workshop Enrolment Form. If we receive your trainer application prior to the workshop we will be able to issue you with your new 2010/2011 trainer number and requalification certificates at the Professional Development Workshop.

### **Combined Trainer Workshop - The Southport School - Monday, 5<sup>th</sup> July 2010**

- This workshop covers all the courses we deliver. Options will be available for first aid, resuscitation, oxygen equipment, bronze medallion and pool lifeguard.
- Bronze and Pool lifeguard trainers will be required to actively participate in the water based sessions.
- Additional sessions for recreational trainers who want to become competency trainers will also be available.

### **First Aid Trainer Workshop - The Plantation - Saturday, 24<sup>th</sup> July 2010**

- This workshop is for any trainers delivering resuscitation, first aid and oxygen equipment.
- This workshop contains no water based content and is not suitable for Bronze or Lifeguard only trainers.

### **Note**

- A new points system for becoming a Royal Lifesaving Society Qld registered trainer and maintaining your trainer status will be implemented in the 2010/2011 season.
- This system will be explained at this year's professional development workshops.



Dr Richard Franklin instructs survival skills

# Grey Medallion News



Prof. John Pearn & Prof. Roy Kimble at the Grey Medallion Course on 26.2.10

A Grey Medallion participant course was conducted at the Royal Women's and Children's Hospital in Herston, Brisbane on 26<sup>th</sup> February 2010 for the Queensland Injury Prevention Council (QIPC) who are funding the current Grey Medallion research project. The course was attended by QIPC staff, hospital staff and their family and friends.

We have received fantastic feedback from the course attendees including:

"The day was aimed at seniors, however, I consider the entire presentation appropriate to all age groups and worthy of government endorsement as a mandatory requisite for all owners of swimming pools, etc. When one considers the number of drownings that occur, surely the government could do more in the way of educating the public regarding life saving."

"Although I had some insight into life-saving [surf bronze] I found G. M. day was the best day I have experienced in the broader spectrum of life saving. I consider the contribution by the Royal Lifesaving team superb."

"Please pass on our thanks to everyone, and our best wishes to all for the ongoing success of the new course. We had a marvellous day...and learnt so much".

Many thanks to Rosemary Hooper (QIPC), Professor John Pearn, Gwen Welford, Dr Richard Franklin and Mr Michael Darben for their assistance in making this day such a great success.

For further information on the Grey Medallion please contact at Royal Life Saving Society Queensland on Ph. 38232823  
Priya Pitt (Project officer)

## NOMINATION FOR SOCIETY HONOURS

Nominations are now called for Honours recipients for the 2009 – 2010 season. Honours are awarded to members of the Society in a range of categories and in accordance with the following criteria:

Active membership for a number of years – the length of time determines the award.

By gaining an exceptional number of qualifications during a season.

For voluntary service and/or contributions to the aims and objectives of the Society.

Nominations are called for in the following categories:

Commonwealth Honours (a copy of the Commonwealth Honours Criteria is enclosed)

National Honours

The Iris Cribb Bursary

Votes of Thanks

All nominations should be completed on the form below and forwarded to RLSSQ by Friday 28th May 2010.

### NOMINATION FORM FOR HONOURS 2009-2010 SEASON

Name of Nominee: .....

Address: .....

..... p/c .....

Nominated by: .....

Previous Honours: ..... Year

..... Year

..... Year

PLEASE ATTACH A CITATION DESCRIBING THE ACTIVITIES OF THE NOMINEE.

Post to: RLSSQ, PO Box 1093, Capalaba Q 4157

