

ROYAL LIFE NEWSLETTER

OCTOBER 2010



IMPORTANT DATES

28 October 2010 Primary School Championships
Caboolture Regional Aquatic Centre

13-15 January 2011 Australian Pool Lifesaving Championships
Brisbane Aquatic Centre - Chandler

10 April 2011 Austswim State Conference
Plantation

8 May 2011 Secondary School Championships

IMPORTANT DATES

11-13 May 2011 International Water Safety Conference
Vietnam

21 May 2011 Trainers And Assessors Conference
Burpengary Aquatics

22 May 2011 Queensland Pool Lifesaving Championships
Yeronga Park Swimming Pool

16-17 July 2011 Austswim National Conference
Radisson Resort, Gold Coast Australia

SHELLY DOUYERE APPOINTED TO BOARD OF DIRECTORS

Shelly Douyere has been the lessee for one of Brisbane's largest aquatic facilities, the Yeronga Park Memorial Swimming Pool, for twenty one (21) years. Prior to securing the lease with the Brisbane City Council, she spent six (6) years in Cairns working as a swimming coach.

Then, as a very young seventeen (17) year old, she was employed at the Yeronga Park Memorial Swimming Pool as a lifesaving instructor for Police recruits from the Oxley Police Academy.

Shelly now employs one of the most dynamic teams of swimming coaches and lifesaving teachers to be found anywhere in Queensland. She promotes all of the Royal Life Saving strands through her programs, and acknowledges the hugely successful "Love2Swim" program, as well as Bronze Medallion and Pool Lifeguard.

In her younger years, Shelly was selected to represent Queensland in the Royal Life Saving State Team, and she now aspires to pass-on all of her experience by joining the Societies Board of Directors.

Shelly has served on the committee of the highly successful Barracudas National Water Polo Team, and her support network of aquatic industry volunteers and professionals, stretches right across Australia. Shelly's children have become very mature young adults and she is now in the fortunate position where she can dedicate more time to the management and governance of the Royal Life Saving Society in Queensland.

As a diligent business operator she is extremely well respected by both her peers in the aquatics industry and by the administrative staff at the Brisbane City Council, who oversee all of the Council's public swimming pools.

Shelly has several years still remaining on her lease at the Yeronga Park Public Swimming Pool, and she feels that being totally engaged with the aquatics industry, will provide a number of opportunities for the Society to grow and foster, especially with water safety program delivery. She is extremely passionate about teaching all young kids to swim, as well as adults of all abilities.

Shelly Douyere has the experience and professional acumen to be a major contributor to the aims and objectives of the Society well and truly into the future.



**MICHELLE (SHELLY)
DOUYERE**
YERONGA SWIMMING POOL LESSEE

85

PEOPLE DROWNED IN QLD
WATERWAYS

BETWEEN 1 JULY 2009 AND 30 JUNE
2010

QUEENSLAND
DROWNING SUMMARY 2010.

FOR MORE INFORMATION VISIT

www.royallifesaving.com.au or

www.rlssq.com.au



The Royal Life Saving Grey Medallion is a water safety and lifesaving skills program for the over 55's aiming to reduce the drowning rates of older Australians and encourage a healthy, independent and active lifestyle. The program endeavours to teach participants a range of personal survival techniques, providing them with skills to deal with an emergency situation and to develop confidence and competence to enjoy aquatic exercise and other water-based activities safely. There are four main components of the program:

- Water Safety Knowledge
- Aquatic Exercise
- Resuscitation and Emergency Care
- Personal Survival and Lifesaving Skills



Royal Life Saving Queensland has developed resources to assist its members, to highlight to the community, an ongoing educational program for the prevention of unnecessary accidental drownings.

State President, Mr John McClelland says: "as a result of the exceptionally high numbers of drownings last summer, the Society in Queensland is taking a pro-active approach to ensure that everyone is fully aware of the risks associated with aquatic environments". John also said: "Last summer many people were caught 'off guard' by the unusually extensive wet season right across Australia, and we want to do everything possible to make the community a safer place, especially in the rural and regional areas."

An exhaustive list of resources are available and will be distributed state-wide as part of the hugely successful Love2Swim Program.

John also added: "Swim and Survive would be clearly one of Australia's most popular water safety initiatives, and we want to continue to increase our record of participant numbers from the 2009-10 season."

For further information on available resources please contact Mark Frazer on 0423 768 308.



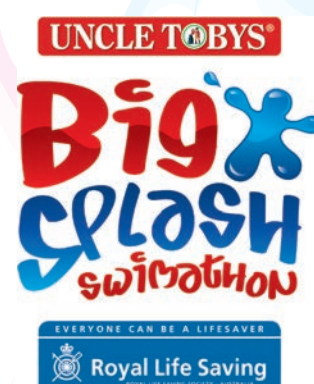
AUSTRALIAN POOL LIFE SAVING CHAMPIONSHIPS 2011

BRISBANE AQUATIC CENTRE, CHANDLER, QLD
Thursday 13 - Saturday 15 January 2011

CALL FOR VOLUNTEERS

Contact Royal Life Saving Queensland
Michael Darben - (07) 3823 2823

EVERYONE CAN BE A LIFESAVER
Royal Life Saving
www.royallifesaving.com.au





**WATER
SAFETY
WEEK**

NOTICE