



ROYAL

LIFE

NEWSLETTER

MAY 2012



Royal Life Saving Queensland

IMPORTANT DATES

- 17 June 2012 Sport Development Workshop Burpengary Aquatic Centre
- 17 June 2012 Queensland Short Course Champs. Burpengary Aquatic Centre
- 8th Sept. 2012 Pro Am Lifeguard Championships Caboolture Regional Aquatic Centre
- 20th Sept. 2012 Annual General Meeting
- 4-18 Nov. 2012 Rescue 2012 Lifesaving World Champs Adelaide



RLSSA Board Members met recently in Perth, WA

(L to R) Randall Cook (NT), Jim Whiteside (NSW), Les Mole (Qld, National President), Terrence Higgins (ACT), Geoff Wieczorski (Tas), Greg McLennan (WA) and Diane Montalto (Vic)

Treasurer for the Society

Paul holds a Degree in Accountancy from QUT and has worked as an Accountant, however his present day job is as a Senior Manager in Westpac Bank's Asset Management Unit. He has been actively involved in Life Saving since the 1980's, and has been a competitor in Local, State, National and International Competitions. In the 2010 World Life Saving Championships, Paul obtained a Bronze Medal (third place) in the Rescue Board Race, a prestigious event for beach life savers.

Recently Paul has been busy with the Combined Clubs Committee where he acts as Club Liaison Officer, and jointly with members of the Committee have revised the Society Qualifications that are issued to patrolling Clubs, which include Patrol Lifeguard and Inflatable Rescue Boat qualifications.

Paul has also been active in the Sport Committee, assisting with event organisation, coaching, and management of teams.

Paul is an active member of Ithaca Caloundra City Life Saving Club, a beach patrolling Club that is affiliated with the Society and is based in Caloundra. His official position in the Club is Honorary Treasurer, however he is also the Clubs Instructor/ Examiner and Junior Lifeguard Coach.

Pictured is Paul Barry, who is the currently the Treasurer for the Society (Honorary/Voluntary Position) in Queensland.

Lifesavers Have a Ball

The Black Tie Life Savers Ball held at Customs House, Brisbane on Friday 23 March 2012, was a complete sell out two (2) weeks prior to the night.

Over two hundred (200) guests representing club members, corporate Queensland and the aquatics industry, turned out in fine style to a night packed full of lively entertainment.

The evening raised in excess of \$10,000.00 for water safety initiatives and programs, through auctions and raffles. The State President, Mr John McClelland thanked everyone for the extraordinary support on the night.



Lifesavers from around the state enjoyed the night's celebration

ROYAL LIFE SAVING GALA BALL

100 YEARS OF LIFE SAVING AT BRISBANE GIRLS GRAMMAR



Exceptional Scholarship presents itself in many ways. It can be seen in classrooms (both real and virtual), auditoriums, and on fields of play. It can be innovative or grounded in history. Brisbane Girls Grammar School provides the perfect environment for these characteristics to present concurrently. And so they do in the School's Health Studies programme which, in 2012, is celebrating 100 years of Royal Life Saving involvement.

As outlined in Pauline Harvey-Short's history of health, physical education and sport at Brisbane Girls Grammar School, To become fine sportswomen,

In 1912 three students, Lottie Bond, Olga Hertzberg and Mary Lilley, were successful in achieving the Royal Lifesaving Society's medal, as was their instructor, Miss Hunt. Five other students achieved their elementary certificates. These girls were Ena Eden, N. Hamilton (possibly Helena M. Hamilton), Irene Manning, Doris Park and Joan Quinlan. The three medallists, Lottie, Olga and Mary, with Pauline Hertzberg, represented the School in the Maurice Barry Cup competition, which was "for ladies' teams affiliated with the Queensland Head Centre" of the Royal Lifesaving Society and gained second place. Thus began a long standing connection with the Royal Life Saving Society and a belief in the importance of community service.

On 29 December of the same year, one of the medallists, Lottie Bond was involved in a surfing incident in which three young men drowned while attempting to rescue three Grammar girls who had found themselves in difficulty in the surf at Southport. A report on page four of The Brisbane Courier, 30 December 1912 tells the story of the rescue. Of significance is the line which reads, "In the meantime [one of the men] went to [another] to assist him with [Grammar girl] Miss Hobbs, as Miss Bond, who is an expert swimmer, was holding her own. It would be wrong to give total credit for Lottie's survival to the Royal Life medal she had achieved earlier in the year as she was obviously a strong swimmer, but it is hard to imagine that the skills she honed through the course played no part at all. Her competence and the fact that she did not need any assistance probably helped to save the life of her friend. Is it any wonder then that the School in 1912 embraced wholeheartedly the idea that lifesaving was important, indeed vital to the health, well-being, and overall education of the young women in its charge?"

In 2012, lifesaving continues to be held in high regard by the Girls Grammar School community. The School continues to align its programme with the Royal Life Saving Society of Queensland and routinely puts more than one thousand students from Years 8 to 12 through its accreditation courses. All of this culminates with Year 12 Senior Physical Education students who, in the lead-up to and over three days of intensive work at Marrapatta, the Memorial Outdoor Education Centre, are put through their paces so that they too may "hold their own" in life-threatening rescue situations. These girls qualify for the Royal Life Bronze Cross in a subject that also contributes to their tertiary entrance rating. One hundred years of lifesaving at the School is worth celebrating. In what is a great confluence of knowledge acquisition, application and evaluation, innovation and history, the programme is just one of the reasons why Brisbane Girls Grammar School sets the standard for exceptional scholarship.

Mr Stephen Fogarty Director, Health Studies Faculty



Frequently Asked Questions about Defibrillators

Question: Is it safe to use a Defibrillator on a wet surface?

Answer: Information provided from Phillips, a manufacturer of the Automated External Defibrillators (AED's) states "It is safe to defibrillate on either a wet or metal surface as long as the appropriate safety precautions are taken

Phillips has simulated a 150j SMART Biphasic shock to a patient on a wet concrete surface using chlorinated water to confirm there would be no effect on the user. The maximum peak voltage of 14 Volts occurred at a distance of approximately six inches from the simulated patient. Fourteen volts are unlikely to cause any operator or bystander sensation or risk in this environment.

For Lifesavers and Lifeguards this means that time should not be wasted moving a casualty to a dry area. For further information on the study performed by Phillips please email training@rlssq.com.au



The Troupe' from Top Hat and Tails entertained the guests



Ball organisers Trudi Whitehead and Sue Mole

