

ROYAL LIFE NEWSLETTER

AUGUST 2012



IMPORTANT DATES

- 15 September 2012 Level 1 Coaching Course Burpengary Aquatics 4-18 November 2012 Rescue 2012 Lifesaving World Champs Adelaide
- 16 September 2012 Pro Am Lifeguard Championships Caboolture Regional Aquatic Centre 18-20 January 2013 Australian Pool Life Saving Champs. Knox Grammar School Aquatic Centre, NSW
- 20 September 2012 Annual General Meeting Plantation Aquatic Centre Commencing at 6.30pm
- October 2012 Regionalisation Forum TBC

Swim and Survive and Basic Rescue Workshop

Dates:

- Saturday 15th September 2012 at Burpengary Aquatic Centre
- Saturday 22nd September 2012 at The Plantation Aquatic Centre
- Saturday 13th October 2012 at Burpengary Aquatic Centre
- Monday 22nd October 2012 at the Plantation Aquatic Centre (Student Free Day)

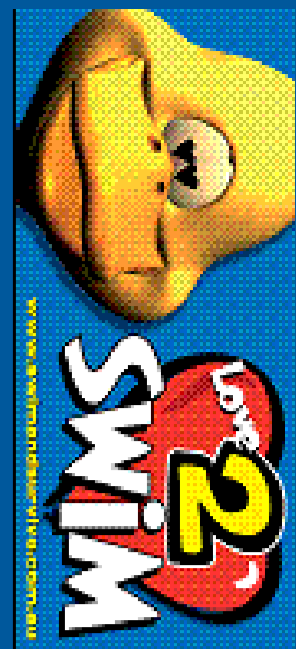
Workshop content and times:

- 8:30am-10:00am Swim and Survive program (1 hours)
- 10:30am-12:00noon CPR (1 hours)
- 12:30pm-3:30pm Basic Rescue (3 hours)
- (Units of Competency will be awarded for CPR and Basic Rescues)

Cost:

- Swim and Survive program - (Free of Charge);
- CPR \$40.00 (GST Free)
- Basic Rescue \$60.00 (incl GST); OR
- Basic Rescue & CPR \$100.00 (incl GST)

For expressions of interest, please contact Helen Horner
 RLSSQ | Phone: 07 3823 2823 | Fax: 07 3823 2423 | Email: programs@rlssq.com.au



Birdsville Junior Lifeguard Report

July 5th - July 9th 2012.

TRIP SPONSORED BY TOYOTA AND CHANNEL 7 "The Great Outdoors"

The purpose of the trip was to establish a Junior Lifeguard Club in Birdsville, on the edge of the Simpson Desert.

On Thursday 5th July 2012, Helen Horner and Tiana Ikinofu travelled by plane to Birdsville with Michelle Hardy, Channel 7 producer. Leaving Brisbane at 9am and travelling via light aircraft on the mail run, arriving at 3:30pm. The group was met by Steve Baldwin, Tourism and Community Manager of the Diamantina Shire Council.

On Friday they found a suitable location for filming The Great Outdoors segment. The Birdsville Billabong is a beautiful body of water with extensive bird life. It is unique as it's on the edge of the Simpson Desert and is the only place in the region for visitors and locals to swim. The Visitor's Centre was used to make up the packs and Junior Lifeguard bags for Saturday and the group then liaised with Steve Baldwin on the logistics for filming on Saturday.

On Saturday morning, the logistics began with The Great Outdoors crew, and the organisers packed the car with the many resources that the Royal Life Saving Society QLD and Toyota had donated to the Birdsville community. Most families had travelled for up to 3 hours from surrounding stations to attend, plus there was one member from the Birdsville township. The children learnt CPR, First Aid, and how to Perform Rescues. Due to the temperature of the water the Swim and Survive program was left out of the course. The day finished at 4:30pm, with The Great Outdoors host, Tom Williams, presenting the children with their certificates.

Helen Horner | Project Co-ordinator



Queensland Life Saving Sport Development Strategy

The Queensland Life Saving Sport Development Strategy has been established to assist Competitors, Officials, Coaches and Managers with the cost of attending the Rescue 2012 World Life Saving Championships ("Rescue 2012") to be held in Adelaide during November 2012.

A total of \$3000 will be allocated to the strategy, which is aimed at increasing participation levels and supporting our volunteers. For more information please visit the www.rlssq.com.au.



PARTICIPANT NUMBERS SORE AGAIN DURING THE 2011/12 SEASON

In 2010, the number of annual participants broke the 100,000 mark for the first time and has since increase to 122,017 participants in the 2011/2012 year. The majority of the participants attain a Swim and Survive award, which is promoted by the Love 2 Swim Project and the Water Safety Week Initiative. Much of the increase was due the number of senior and competency training qualification issued with a significant increases in Bronze Star, Bronze Medallion and Pool Lifeguard Awards.

For information about Love 2 Swim and Water safety Week please email Helen Horner programs@rlssq.com.au

Participation 2011-12

PARTICIPATION RATES	YEAR								
	2003-04	2004-05	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11	2011-12
AWARD									
Wonder	-	-	-	-	9	-	463	4449	3167
Courage	-	-	-	66	6161	3075	922	7467	9402
Infant	-	-	-	-	9	-	-	-	-
Swim Star	-	-	-	66	6161	3075	4980	964	1527
Water Smart	153	281	150	59	757	1449	1273	1041	983
Dev. Water Discovery	-	-	48	1017	4694	5245	5380	6765	7427
Water Discovery	3971	6616	3078	9444	7034	7006	7808	9937	9398
Dev. Water Awareness	-	-	88	1426	4689	5169	5306	7628	9174
Water Awareness	3752	6220	2817	6902	7048	7439	6886	9609	9229
Dev. Water Sense	-	-	51	1020	3261	4338	5116	6664	6204
Water Sense	3350	10329	2713	3668	6858	7542	7692	8615	9622
Water Wise	2593	4385	2613	2788	6510	6830	6954	7495	6734
Jnr. Swim & Survive	2847	4381	2565	2748	5941	5701	6631	6252	5830
Swim & Survive	2228	3520	2047	3089	5282	5385	5230	4825	5002
Snr. Swim & Survive	2834	3520	1744	2225	3948	4433	4568	4056	3895
Dry Rescue	489	311	86	141	203	109	124	-	187
Wade Rescue	281	188	61	151	195	191	74	44	92
Acc. Rescue	365	362	50	348	351	71	45	44	79
Bronze Star	1580	1630	647	733	644	558	678	798	1008
Bronze Medallion	3681	6611	2772	2968	2972	2679	2742	2721	3600
Bronze Cross	160	226	24	83	61	78	210	64	198
Award of Merit	27	0	0	10	0	0	7	7	0
Distinction	0	1	0	0	0	0	2	0	2
Resus. Awareness	856	2485	290	476	466	339	351	285	188
Resuscitation	8374	19454	6988	6957	7698	5867	6827	6193	6081
Oxygen Resus.	163	327	13	169	22	92	220	287	236
Oxy Equip. Resus.	1004	1662	1112	1116	1473	1248	1600	1655	2213
First Aid	2105	5623	2698	2421	3141	2281	3048	2515	2575
Junior Lifeguard	214	30	0	6	23	29	19	57	101
Patrol Lifeguard	13	4	1	6	30	15	6	18	3
Pool Lifeguard	837	1375	1059	859	1225	1204	1577	1573	2152
Adv. Lifeguard	22	0	0	0	0	0	0	0	0
Water Park Lifeguard	-	-	-	78	42	10	66	54	50
Jnr. Instructor	214	6	11	5	1	0	4	1	2
TOLSA	1	12	0	0	0	0	0	0	0
Diploma	0	0	0	0	0	0	0	0	0
Teacher of Swimming	-	-	-	-	31	0	0	0	0
Pool Plant	-	-	-	-	15	37	97	97	101
1st Aid Trainer	293	124	0	0	0	0	0	0	0
PLG trainer	28	38	0	0	0	0	0	0	0
ACC 123 Trainer	1043	758	0	0	0	0	0	0	0
IRB + Misc	43	96	27	172	27	12	1	57	17
QAS	-	-	-	-	33	59	46	31	46
Deep Water Rescue	-	-	-	-	15	10	0	0	0
Grey Medallion	-	-	-	-	59	0	97	50	28
Statement of Attainment	-	-	-	-	6611	10388	12959	9222	10696
Re-Accreditation of SOA	-	-	-	-	-	-	-	5201	7079
TOTAL	43521	80575	33753	51151	87630	88889	100009	116834	121894

NOTICE OF Annual General Meeting

Royal Life Saving Society of Queensland Inc.
Thursday, 20th September, 2012
 Commencing at 6.30pm,
 Held at The Plantation,
 1204 New Cleveland Road, Gumdale



WATER SAFETY WEEK

Water Safety Tips #2

Learn Resuscitation and basic First Aid.

**At the beach, swim between the red
and yellow flags.**

Always have an emergency action plan.