



ROYAL

LIFE

NEWSLETTER

SEPTEMBER 2013



Royal Life Saving Queensland

IMPORTANT DATES

15 September 2013

Pro Am Lifeguard Championships
Caboolture Regional Aquatic Centre

19 September 2013

RLSSQ Annual General Meeting
The Plantation Aquatic Centre

NOMINATION FOR ELECTION TO THE BOARD OF DIRECTORS 2013/2014

With Nominations closed on 30 June 2013, only one nomination for each of the vacant positions on the Board of Directors was received. Therefore the Royal Life Saving Society Board of Directors for the 2013/14 season will be:

President: John McClelland
Vice President: Les Mole
Treasurer: Paul Barry

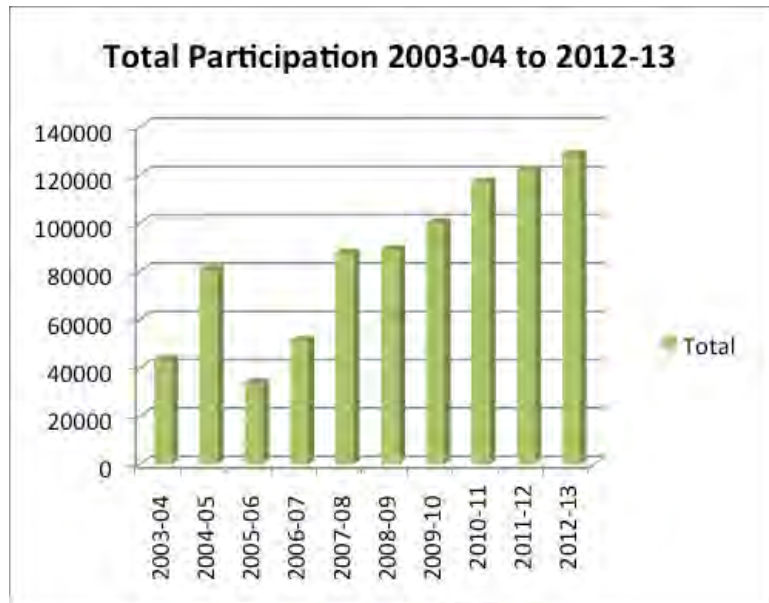
Secretary: Russell Green
Members: Michelle Douyere, Sean Kelly
Carolyn Asher

RECORD PARTICIPATION FOR 2012/2013

Over the past year Royal Life Saving Society Queensland has continued to grow with a member network that extends to every corner of the State and members who support the vision of the

Society through clubs, partnered swim schools and community hubs. Throughout the State our members have delivered lifesaving skills to over 128,000 participants during the 2012/13 seasons. These members play a vital role in the provision of water safety education, which makes their communities stronger and ultimately safer in regards to aquatic risks.

AWARD	2012-13
Wonder	3197
Courage	7121
Swim Star	2224
Water Smart	2494
Dev. Water Discovery	7947
Water Discovery	9695
Dev. Water Awareness	9422
Water Awareness	8987
Dev. Water Sense	6193
Water Sense	8150
Water Wise	6912
Jnr. Swim & Survive	5486
Swim & Survive	5152
Snr. Swim & Survive	4269
Dry Rescue	191
Wade Rescue	123
Acc. Rescue	98
Bronze Star	651
Bronze Medallion	3432
Bronze Cross	146
Resus. Awareness	105
Resuscitation	7386
Oxygen Resus.	46
Oxy Equip. Resus.	2480
First Aid	3067
Junior Lifeguard	223
Patrol Awards	92
Pool Lifeguard	2383
Water Park Lifeguard	75
Jnr. Instructor	6
TOLSA	5
Pool Plant	86
IRB + Misc	74
Specialised	44
Grey Medallion	3
Statement of Attainment (SOA)	12335
Re-Accreditation of SOA	7964
TOTAL	128264



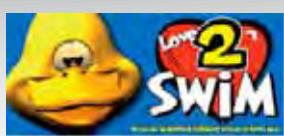
Lifesaving in the Skies

On the 9th of July 2013 RLSSQ Trainer and Assessor Shayne Baker put his resuscitation skills to the test in a mid-air incident and saved a life. Below is an overview of his personal account of the event

in his chair. I asked his wife what had happened and how long had he been in this condition and she said not very long. I grabbed his hand and used COWS in order to get a response. There was no response and his eyes were open but not moving and there were no signs of breathing. I asked my brother to assist me to lift him out of the chair and lay him in the aisle, I asked the cabin crew to grab some oxygen and an AED as I commenced compressions on what seemed a very ill person. Due to the extremely cramped conditions I was not able to apply rescue breaths as I couldn't physically get between the seats to the head of casualty. I recruited another passenger in the row behind to administer the oxygen and then instructed my brother in getting the AED prepared for me to attach the pads. After clearing the area the AED didn't recommend a shock and I continued with applying the compressions. With a huge relief and listening to the AED I noticed some signs of life. The casualty moved his hand and I had him 'squeeze my hand' and gradually he came around and I then asked him his name to which he replied "Heinz". The flight crew supervisor approached me to ask if I felt we needed to make an emergency landing and I declined the offer as I thought that the situation had improved markedly. I stayed with the casualty administering the oxygen until I thought that he had recovered sufficiently enough. I was thanked by many of the crew and the couple themselves and certainly felt that my life work and investment in life saving had been returned in such an amazing way and to see the colour in the face and the gratitude of this fellow human being was so rewarding. All in all it is another significant piece to my commitment and work and I can't think of a better way to celebrate this man's life and to share my story with my valued colleagues in life saving.

Shayne Baker | RLSSQ Trainer and Assessor

SWIM & SURVIVE NEWS



The Water Smart Award has now been finalised and is ready for use. Information is available on the Swim and Survive website or by contacting me directly at RLSSQ. It is great program to be utilised in a water free environment. The Award targets Year 4 to Year 6 students and all you need to do to register is visit www.swimandsurvive.com.au and click on school and register your school or centre to use all resources that are available.

The cost of the program is for certificates only (at 55 cents each plus postage (inc GST)).

Teaching resources required include: - curriculum Water Smart Education Toolkit, the Swimming and Life Saving Manual, current Drowning Report and if available a CPR manikin.



For those of you requiring recreational course workbooks we have available - Dry, Wade, Accompanied, Bronze Star, Bronze Medallion, First Aid, CPR and Junior Lifeguard.

Finally and most importantly - For those who are Swim and Survive partners and have not yet renewed their Partnership Agreement for this financial year please contact me as soon as possible. Without this Partnership Agreement you cannot claim your lessons as GST free. Looking forward to a great start to Summer.

Helen Horner | Programs Coordinator



Congratulations STACEY ROBERTSON!

Cloncurry Lifeguard and Swimming Club and RLSSQ Trainer and Assessor, Stacey Robertson took part in the 2013 Mt Isa Border Ride and promoted drowning prevention along the way! Great work Stacey and we hope you could walk after the ride!



RLSSQ LIFEGUARD NEWS

Students of St Thomas of Villanova in Mareeba have now learnt skills that could save a life.

As part of the Active After School Program (AASP), eighteen students were awarded Junior Lifeguard and Resuscitation Awareness Certificates. Staff from Cotter's Aquatics ran the Program for 5 weeks from Mareeba Swimming Pool. RLSSQ Trainer and Assessor, June Cotter is passionate about life saving and believes it is vital for children to learn first aid and water safety skills.

Royal Life Saving Society Queensland thanks June and her staff for continuing to educate youth in Far North Queensland. The children from St Thomas of Villanova should also be very proud to have taken part in such a Program which was provided thanks to the Federal Government.



Aquafutures Conference



AUGUST 2013



DID YOU MISS OUT.....?

Aquafutures International Conference 2013
FRIDAY 9TH TO SUNDAY 11TH AUGUST 2013
SEA WORLD RESORT - GOLD COAST - QUEENSLAND

The aquatic Conference of 2013 hits centre stage, and what an event it was!

AQUAFUTURES WINNERS

Should there be an
Aquafutures International
Conference 2015.....
Let us know!



CONGRATULATIONS RACHEL GRAVES WHO WON THE RESCUE MANIKIN DONATED BY LIFETEC. WHAT A WIN! THANK YOU TO LIFETEC FOR THEIR FANTASTIC LIVE SAVING DONATION!



KIRBY SWIM FROM MANDURAH, WA, WON 'THE FONZ' AN INFLATABLE DEVICE JUST IN TIME FOR THE UPCOMING SCHOOL HOLIDAYS! THANKS TO AFLEX TECHNOLOGY FOR THEIR INFLATABLE DONATION!

www.aquafutures.com.au