

RLSSQ OCTOBER 2015 SPORT UPDATE

QUEENSLAND POOL LIFE SAVING CHAMPIONSHIPS.

Lots of new faces at this year's Queensland Championships with athletes and officials travelling from as far afield as Rockhampton, Roma, Coolangatta and many places in between. It was a very successful day.

ALN QUEENSLAND LIFEGUARD CHALLENGE.



A great afternoon of competition and networking for the Lifeguards competing at the Inaugural Queensland Lifeguard Challenge. The winning Facility, UQ Aquatic Sports took home prizes to the value of \$1700. Runners up were the team from Yeronga Pool. Already we have interest from teams for next years' event.

STATE TEAM – APLSC16

The 2016 State Team Management has been announced.

COACHES – Jeannie Baxter-Reid

Rod Jones

MANAGER – Nadene Hennessy-Rasmussen

U14 Coach/Manager – Hayley Wolff

CPR Coach – Rosie Lennox.

Athletes who have applied for the State Team will be contacted in the near future regarding training and Bronze updates.

Find the latest APLSC news at

http://www.royallifesaving.com.au/_data/assets/pdf_file/0014/14027/APLSC2016-Newsletter-September-2015.pdf

AUSTRALIAN MASTERS GAMES 2015

Best of luck to each of the Queensland Masters athletes competing in Adelaide this weekend. We look forward to seeing some great performances from our seasoned athletes.

TRAINING

Remember if you need details of where to train, contact me and I'll put you in touch with the respective coaches. We have regular sessions running on both the Gold and Sunshine Coasts and in Toowoomba and Brisbane.

OFFICIALS & COACHES

- Thank you to all the officials, coaches and parents who officiated at the Queensland Pool Life Saving Championships and the Australian Lifeguard Network – Queensland Lifeguard Challenge.
- For those who registered interest in the proposed Officials course to be held in January prior to APLSC, I have passed your names onto Ben Cuttriss at National Branch. More information on this course is in the APLSC Newsletter.
- We will need a strong showing of local officials in January. Registrations for these positions are not yet open and will be published as soon as available.

EVENTS

- **10th October 2015** – Australian Masters Games – Adelaide.
- **31st October 2015** – Level 1 Officials/Coaching Course registrations close – contact Ben Cuttriss at National Branch bcuttriss@rlssa.org.au
- **12th-13th January 2016** – Level 1 Officials/Coaching Course Gold Coast – details TBC.
- **14-16th January 2016** – APLSC16 - <http://www.royallifesaving.com.au/sport/australian-pool-life-saving-championships>
- **7th May 2016** – RLSSQ Primary & Secondary Schools Championships – TBC
- **10th July 2016** – Development Workshop and Queensland Pool Life Saving Short Course Championships - TBC
- **21st August 2016** – Queensland Pool Life Saving Championship – TBC
- **21st August 2016** – ALN – Queensland Lifeguard Challenge. -TBC
- **1-18th September 2016** – Rescue 2016 – World Lifesaving Championships – Eindhoven, Netherlands (Pool Events)