

Welcome to our first Newsletter for 2017.

APLSC17 The year started off intensely with the State Team contesting the Australian Pool Life Saving Championships in Melbourne. We may not have had the overall result that we had hoped for however Queensland stood out as the team with the best Lifesaving Skills, winning every age group of the Simulated Emergency Response Competition including the Mixed Team Initiative - Douglas R. Plaister Trophy and under our CPR Coach Rosie Lennox, the Laerdal Overall CPR Trophy

We are lucky to have such dedicated coaching/management staff, officials, parents and supporters within Queensland. Whilst we would be unable to achieve these results without everyones contributions and support in particular our Coaching and Management volunteers.

- RLSSQ Head Coach, Jeannie Baxter-Reid, continues to use her Royal Lifesaving depth of knowledge to coordinate the athletes campaign. Thank you Jeannie for you input and personal sacrifices made to encourage and grow this current generation of athletes and ambassadors for the work of Royal Life Saving in Queensland, Nationally and throughout the Commonwealth.
- RLSSQ Team Manager. A huge thanks must go to Ryan Chapman, who stepped up as Team Manager a month out from the Championships. Not only did he represent us as an athlete, he managed to feed, house and motivate the Queensland Team.
- Speed Coach – Rod Jones for assembling the formable team of athletes, many which are from the Gold Coast and Rod’s personal athletes. Thanks Rod for all your efforts.
- CPR Coach - Second year since Rosie Lennox stepped up to the challenge and has a 100% success rate of wins in the Overall CPR Competition.

“Congratulations 2017 QLD Team and Squad. Tremendous results across all events. More importantly it looked like most of you had a great time and team spirit was second to none on pool deck. The encouragement and positive approach to the competition in and out of the pool was noted by many people over the week. Thanks must go to:

RLSSQ Board

Michael Darben and his staff

Sue and Les Mole - VICI

Coaches - Rod (Pool) and Rosie (CPR)

Manager - Ryan

Officials - Sue, John, Jaci, Julie, Erika and Jayne

Team Captains - Leah and Liam

Athletes - all ages 11-29

Special mention - Tim , our International Athlete

Parents

Swim Coaches

I sincerely hope you have walked away from the 2017 APLSC with some wonderful memories, made and rekindled friendships and an enhancement of your life saving and swimming skills.

I know some of you were disappointed in some of your results, but that in itself is part of competition and it will happen to all of us and it is your ability to learn how to cope and to rise again from want ever happens.

Good Luck for the rest of the Summer competition. I look forward to hearing about your results.”



*Jeannie Baxter-Reid
RLSSQ Head Coach*

Full results - http://www.royallifesaving.com.au/data/assets/pdf_file/0011/18974/APLSC-2017-Results.pdf

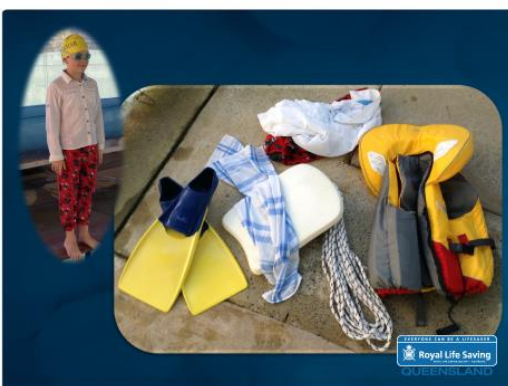
Officials and Coaches Last edition congratulations was extended to six of our hard-working Queensland volunteers, Paul Barry, Shayne Baker, Jeannie Baxter-Reid, Rob Reid, John Winch and Sue Baxter-Winch on having awarded the HRH Prince Michael of Kent 125th Anniversary Certificate of Merit. They attended receptions in Government House, Canberra, the Royal Overseas League, London & Buckingham Palace, London. These is the photo of the Australian recipients who attended the Royal Overseas League, London on November 22,2016



Thanks to the Queensland Officials (and supporters) who officiated at APLSC17. Without your continued support, we would have been able to present such a well-run event. Thank you.

RLSSQ Primary & Secondary School Championships 2017

Sunday, 7th May



It's time to get your teams ready for the RLSSQ School Championships. We are back at Somerville House Aquatic Centre again this year.

(please note – after consultation with several schools we are trialling having the event on a Sunday this year.

No special equipment required, we provide all the equipment at the Championships. The event information and nomination forms are attached to this newsletter.

Videos of the events are now available if you need a little help with putting together a team to compete at these events. For copies of the video please contact me directly at sport@rlssq.com.au alternatively a RLSSQ staff member can come out to your school to help you get started.

2017/18 Calendar

- **7 May 2017** – Primary & Secondary School Championships - Somerville House. Contact sport@rlssq.com.au for more information.
- **8-12 August 2017** – Commonwealth Championships –Durban, South Africa
<http://www.rlsscommonwealth.org/festival-of-lifesaving/>
- **September 2017** – Queensland Pool Life Saving Championships
- **21-28 October 2017** – Australian Masters Games - Tasmania. The Pool Lifesaving Events are usually held on one day only during this time period. Masters for this event start at 25 years of age. For more information, go to <http://www.australianmastersgames.com/news/Tasmania-here-we-come--x-15812.html>
- **11-13 January 2018 APLSC 18** – Adelaide
- **17 November – 2 December 2018** – World Life Saving Championships – Adelaide
<http://www.lifesaving2018.com/>

Any enquiries regarding RLSSQ Pool Lifesaving Events should be directed to the State Sports Liaison Officer, Sue Baxter-Winch sport@rlssq.com.au