NEWSLETTER MAY 2019

BOARD OF DIRECTORS

PRESIDENT: MR LES MOLE
DEPUTY PRESIDENT: MR ROD WELFORD
SECRETARY: MRS CAROLYN ASHER

TREASURER: MR STEPHEN KAY
DIRECTORS: MR COLIN HARRIS, DR SHAYNE
BAKER OAM & MR RUSSELL GREEN

This year marks 125 years of service by the Royal Life Saving Society in Australia. To celebrate the occasion, a black-tie Ball was held at Dockside, Brisbane, Queensland on Saturday 6 April 2019.

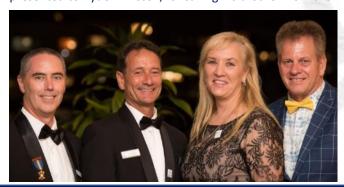
Queensland President, Mr Les Mole said "the Board of Royal Life Saving in Queensland was pleased to host such a memorable occasion, and the focus of the evening was to highlight the exemplary efforts of our army of volunteers who are as committed today, as they were, back in 1894".

Les added, "although innovation over time has changed some of the technical aspects of rescue and resuscitation, the general principles of saving a person's life still remain relevant today".

The Royal Life Saving Society in Australia remains affiliated to the founding organisation in England, and still has official recognition by Royal Charter.

Commissioner Katarina Carroll attended the function. Commissioner Carroll was recently named as Queensland's first female Police Commissioner in the 155-year history of the state's police service. "Keeping our wonderful state safe" is a priority of Commissioner Carroll, and the Society looks forward to working with the Commissioner to ensure the drowning toll is reduced.

Several RLSS members received Honours on the night, and a Bravery Award was presented to Ayden Driscoll, for saving his brother from drowning in a lake.



L to R: Mr Paul Barry, Mr Cameron Eglington, Commissioner Katarina Carroll APM, Mr Les Mole We are pleased to announce the following receipt of society honours during 2018:

AUSTRALIAN HONOURS

Certificate of Thanks

Leah Jones, Mariah Jones, Liam Ryan, Thomas Stoneham, Wayne Thompson, Nicole Warne, Dr Ian Webb, Hayley Wolff, BreakFree Grand Pacific, Caloundra JetSki, Fairholme College, Somerville House AC, St Margarets AGS, Sunsine Coast Grammar School.

President Commendation

Ayden Driscoll, Geoffrey Pearce

Associate of RLSSA
Jaclyn Baxter, Paula Koda

Companion of RLSSA

Jeannie Baxter-Reid, Suzanne Baxter-Winch Anthony Barry

Australian Resuscitation Club Paul Barry, Cosi Ronconi

COMMONWEALTH HONOURS

Service Commendation

Laura Barry, Ann Brett, Colin Harris, Helen Horner, Rod Jones, Rosie Lennox, Carol-Ann Stinson, Alyce Webb

Service Medal Sean Kelly Bar to Service Medal John Winch Service Cross Les Mole

KEY DATES

15 June 2019 20 & 21 July 2019 16 to 18 August 2019 18 August 2019 21 September 2019 8 to 10 October 2019 26 October 2019 Nomination close for RLSSQ Board of Directors Grey Medallion Course, Caloundra

Aquafutures Conference, Runaway Bay, Gold Coast

Qld Pro-Am & State Selection Trials, Runaway Bay, Gold Coast Life Saving Clubs Sign on Day (Caloundra & Tallebudgera)

World conference on Drowning Prevention

RLSSA AGM



Primary School Life Saving Championships

Students from The Gap State School and Sunshine Coast Grammar School battled it out for the title of Primary Schools Overall Champion. This year the title went to Sunshine Coast Grammar School.

Overall individual champions of the meet were:

Primary Male Overall: 1ST- Sam Eyless, Sunshine Coast Grammar, 2ND- Jack McGregor, Sunshine Coast Grammar, 3RD- Mathew L'enfant, The Gap State School.

Primary Female Overall: 1ST- Hannah Prass, Sunshine Coast Grammar, 2ND- Hanna Headey, The Gap State School, Jemima Hart, Sunshine Coast Grammar

Secondary School Life Saving Championships

We are pleased to announce the winners of the Queensland Secondary School Life Saving Championships:

- Secondary School Overall St Margaret's Anglican Girls School
- Female Overall St Margaret's Anglican Girls School
- Male Overall Sunshine Coast Grammar School

There were some outstanding performances by the students who competed with the following results recorded:

U13 Female Overall: 1ST- Evie Phillips, St Margaret's AGS, 2ND- Scye Collen, Sunshine Coast Grammar, 3RD- Ruby Baker, Sunshine Coast Grammar, Charli Fahrenson, St Margaret's AGS.

U15 Male Overall: 1ST- Tom Stapleton, Sunshine Coast Grammar, 2ND- James Segon, West Moreton Anglican, 3RD- Drew Van Itallie, Sunshine Coast Grammar

U15 Female Overall: 1ST- Sienna Timms, St Margaret's AGS, Emma Pickering, St

Margaret's AGS, 3RD- Lily Taylor, Sunshine Coast Grammar

Open Male Overall: 1^{ST} - Tom Reid, Sunshine Coast Grammar, 2^{ND} - Oliver Skues,

Sunshine Coast Grammar, 3RD- Sam Jones, Sunshine Coast Grammar

Open Female Overall: 1ST- Lucy McGrath, St Ursula's, 2ND- Tiffany Mackay, St

Margaret's AGS, 3RD- Lauren Walker, St Margaret's AGS

Thank you...

Thank you to all our volunteers who assisted in making these events a huge success and thank you to our venue Somerville House Aquatics Centre, Brisbane, Queensland.



Australian POOL LIFES AVING Championships 2020

The Australian Pool Life Saving Championships have been conducted in various forms since 1965. Originally held every two years, since 1987 they are now held annually and consist of three days of Pool Life Saving competition with events combining an Under 14 and Senior (Under 16, Under 19, Open and Masters) Competition.

Representative teams are chosen yearly at the Australian Pool Life Saving Championships. These teams - called the 'Aussie Barra's' are named after the Barramundi fish - an aggressive fresh and saltwater fish found in Australian waters.

In addition to the Open Aussie Barras team; a Junior (Under 16) Aussie Barras team and Silver (Under 19) Aussie Barras Team are also selected to attend an annual Training Camp and various selected International Competitions throughout the year.

Event Details

Friday 10 to Sunday 12 January 2020

HBF Stadium in Mount Claremont, Perth, WA



Queensland State Team - The Queensland Sharks

Royal Life Saving Queensland will be holding the 2019 QLD Pro-Am and State Selection Trials on 18 August 2019. These will be held at the BLK Performance Centre's Aquatic Centre located at Runaway Bay on the Gold Coast. More information to be provided soon.





The annual beach championships were held on Sunday 31 March 2019 at Bulcock Beach, Caloundra. In all approximately 120 people from three beach patrolling clubs attended and participated. Whilst the morning started off chilly, it warmed up quickly to a beautiful sunny day.

It was great to see the teamwork and friendships between competitors. Well done to all participants and thanks to all the volunteers that assisted. The Championship are facilitated by Ithaca — Caloundra City Life Saving Club and is held annually each year before Easter. The championships are open to any member of an affiliated club.

Anyone interested in joining a Royal Life Saving club can refer to the website: www.joinlifesaving.com.au











L to R: Mr Les Mole (Qld President), Mr John McClelland (accepting for his brother Mr Hugh McClelland), Mr Jim McClelland, Mr Cameron Eglington National President

Royal Life Savers Awarded Australian Bravery Medal



The Bravery Medal (BM) is a bravery decoration awarded to Australians. It is awarded for acts of bravery in hazardous circumstances. Mr James McClelland and brother Mr Hugh McClelland have today been awarded the BM, which is the third highest in the Australian Bravery system of five awards. About 1,349 Bravery Medals have been issued since its creation in 1975.

The brothers were awarded the BM from a significant rescue they completed in 1974. James and Hugh, then members of the Ithaca-Caloundra City Life Saving Club Inc, became aware of two young girls being swept out to sea. The brothers quickly ran along the beach to gain closer access to the girls, who were using small boogie boards.

Despite not being trained for surf rescues, they entered the choppy surf and made their way in the washing machine-like conditions towards the two girls. As they reached the girls, the group was swept across the Caloundra Bar and out towards open sea. They were then dumped and pushed underwater by the cyclonic conditions, and the girls lost hold of their boogie boards. On several occasions they were separated, forcing the brothers to relocate them in the treacherous conditions.

As they made it past the last surf break, James and Hugh managed to carry one girl each on their backs and fought the currents for over an hour to bring the girls back to shore near Bribie Island. After a short rest on the beach, the boys then walked the girls back to the northern tip of Bribie Island at the Caloundra Bar.

By their actions, Messrs Hugh McClelland and James McClelland displayed considerable bravery.

Royal Life Saving would like to recognise and congratulate the brothers for their actions and we are pleased they have been recognised with this worthy award.

RLSSQ AND AUSTSWIM

State Training Manager Sarah Boettcher is at the AUSTSWIM Soak It Up '19 Conference & AQUASUMMIT on Sunday 7 April 2019. Presenting to AUSTSWIM teachers as well as a CPR update.



State Training Manager Sarah Boettcher at AUSTSWIM soak it up '19 Conference and AQUASUMMIT

NOMINATIONS FOR BOARD OF DIRECTORS

In accordance with our constitution, this year the positions of Deputy President, Honorary Secretary and two ordinary board member are due for re-election. Any two financial members of the Society shall be at liberty to nominate any person to serve in any vacant position on the Board of Directors. Board members are required to be members of the Society.

The nomination shall be in writing and signed by the nominee, and the proposer and seconder and be lodged by 30 June 2019. The nominations may be hand delivered during business hours to our office at the Plantation (1204 New Cleveland Rd, Gumdale Qld 4154), or posted to the address shown below, however nominations must be received by us on or before 5pm on 30 June 2019.

The Secretary Royal Life Saving Society Queensland Inc PO Box 1093, CAPALABA QLD 4154

All nominations must be accompanied by a citation of no more than 200 words (one page with no pictures).

To be eligible, all nominees must comply with requirements for an officeholder as issued by Queensland Government Office of Fair Trading (OFT) and the Australian Charity and Not-for-profit Commission (ACNC) in addition to any requirements of our rules and by-laws.

In the event that there are two or more nominations for a role a postal ballot shall proceed of all financial members as at 30 June 2019. Please note that if you have an unpaid debt to the Society you may not be considered a financial member. When ballot papers are circulated, the citation of each nominee will be included, with each citation edited to be in a similar format and font.

The counting of ballot papers will be conducted by an external law firm and the outcome of the ballot will be announced at the Annual General Meeting which will be before 30 September 2019.

You can download a nomination form from our website home page or by using this link.

PATRONS INVITATION

His Excellency the Governor of Queensland has extended an invitation to supporters to RLSSQ to visit Government House on Saturday 1 June 2019, when the Government House estate will be open to all Queenslanders, in advance of the 160th anniversary of Queensland Day on 6 June 2019.



GOVERNMENT HOUSE

Fernberg is a Queensland landmark that has been the home and workplace of Governors since 1910, a unique combination of private residence, busy office and symbol of the State's prestige.

The grounds of Fernberg will be open from midday to 4pm on 1 June 2019, providing an opportunity to stroll through the 14 hectares of gardens and native bushland on the estate. The rooms of the heritage listed house will be open for self-guided tours.

Guided tours of the gardens will be available at 12.30pm, 1.30pm and 2.30pm to provide details of the horticulture, botanically significant trees and plants, and insights into how the horticulture team keeps the precinct in perfect presentation and provides sustainable habitat for native animals and flora.

All visitors will be welcome to explore the grounds, bring a picnic lunch and rug to relax on the grass and listen to music provided by the Australian Army Band Brisbane. Light refreshments will be available to purchase from food and drink vendors on site.

Vice Regal Dog Gavel will also be on duty throughout the day meeting guests.

The event is free and no tickets or pre-booking are required. Entry is via the Main Gate at 168 Fernberg Road, Paddington or gates near Norman Buchan Park off Baroona Road. Parking is available on streets surrounding the Estate.

VOLUNTEER ROLES

We are pleased to announce the following people have been appointed to the following roles:

State Sport Coordinator
Miss Kate Forrester
State Team Coach
Mr Ashley Gordon







BRANDED RASH SHIRT

RLSSQ has released a new modern style instructor rash shirt which can be purchased from our online shop for \$60.00 at this link.

Feel free to browse our <u>online</u> <u>shop</u>, we now have almost 100 items for sale!



Aquafutures

conference

Friday 16 August 2019

Sunday 18 August 2019 Runaway Bay, Gold Coast, Queensland

Theme

Industry Best Practice and Sports

Venue

BLK Performance Centre, Runaway Bay Sport & Leadership Excellence Centre, 1 Sport Drive, Runaway Bay, Gold Coast, Queensland.



Who should attend?

- **Facility** Managers Lifeguards
- Lifeguard Supervisors
- **Pool Service Technicians**
- Swim Coaches
- Swim School Managers Swim School Coordinators
- Swim Teachers Councils **Admin Staff**
 - in the Aquatic Industry

- Water **Quality Staff**
- Pool **Inspectors Pool Shop**
- **Owners Trainers**

Schedule FRIDAY 16/8/2019

- Trainers Workshop (day 1) Public Stream (First Aid)
- Aquatic Industry / Facility Stream

SATRDAY 17/8/2019

- Trainers Workshop (day 2)
- **Public Stream**
- Aquatic Industry / Facility Stream
- Volunteer / Club Stream
- Conference function

SUNDAY 18/8/2019

- **Public Stream**
- Aquatic Industry / Facility Stream
- Volunteer / Sport Stream
- Combined Session (Drowning)

Cost

Check our website for very competitive prices with early bird specials starting soon.



www.aquafutures.com.au

Like our Aquafutures Facebook page and stay updated



Trade Display, download our Trade Show flyer here.



TRAINING UPDATE

WORKSHOPS

Thank you to those that took time to come to out Trainer's Workshop on our new system. We have worked hard to make sure it is easy for both yourselves and your clients. We are getting great feedback about the ease of using the new system and we have seen a reduction in the issues that we previously experienced. If you have not had a look or used the new system and would like some training we always are open to booking appointments for you to come to us at Gumdale. If you would like to do this, please give Milly a call. Otherwise, we will hope to see as many of you as possible at this years Aquafutures where we will also touch base on the new system.

ASTHMA MANAGEMENT

On the 7th March the National Asthma Council Australia released major updates to Australia's go-to asthma guides. New additions and updates to the Guide include a handy glossary of common asthma terms; information on thunderstorm asthma, hay fever, and asthma triggers; links to information about asthma medicines including a suite of how-to videos; and instructions on first aid for asthma You can read all about the updates here: https://www.nationalasthma.org.au/news/2019/my-asthma-guide-updated

TICK MANAGEMENT

On the 14 May 2019 Royal Life Saving Australia (Nationally) released a position statement on treatment of ticks.

Since the publication of the April 2018 edition of the RLS First Aid Manual guidelines around management of ticks have undergone a slight change. In line with the information offered by Tick Induced Allergies Research & Awareness (TIARA), Australian Society of Clinical Immunology and Allergy (ASCIA) and the Australian Resuscitation Guidelines (9.4.3) if bitten by a tick it is best to kill it where it is. To do this:

- use permethrin cream for small ticks (larvae and nymphs)
- use an ether-containing spray to freeze adult ticks.

Both products are available from pharmacies and instructional information on how to use them can be accessed on the TIARA website.

PRIVACY REMINDER - PROVIDING INFORMATION TO THIRD PARTY'S (EMPLOYERS)

We are often asked to forward copies of participant certificates to employers. Confidentiality of information is very important to us and we would like to clarify that an employer is not entitled to be given a course participants certificates even if the employer has paid for the course unless express authority has been given. This matter is covered by ASQA guidelines (refer here).

To assist you, we have prepared a <u>Third Party Authorisation form</u> that you can use during courses which you can down load at this link. Please use this form if you would like an employer to receive copies of certificates. The form can be sent to us with you workbooks and ERF which will make the process simple and easy for you, your customers and us.

TRAINER & ASSESSOR QUALIFICATION'S

The Department of Education and Training have announced in a recent update there has been an extension to the deadline to update your qualifications This has now been extended to 1 July 2019.

The update requires you to hold the following units:

- TAE40116 Certificate IV in Training and Assessment, or
- TAE40110 Certificate IV in Training and Assessment plus the following units:
 - Address Adult Languages, Literacy and Numeracy Skills TAELLN411 (or its successor) or TAELLN401A, and
 - Design and Develop Assessment Tools TAEASS502 (or its successor) or TAEASS502A or TAEASS502B
- A diploma or higher level qualification in adult education (however not a Diploma of Teaching)

If you have already completed these credentials please would you upload a copy of your certificate to your Learner Portal and email a copy through to us at admin@rlssq.com.au.

Please note that as of 1 July 2019, if you have not provided a confirmation of these modules, you will not be able to deliver training.

Sarah Boettcher State Training Manager





L to R: Mrs Cass May (RLSSQ), Ms Grace Samuel (MDA), Ms Luisa Miller (CAMS), Mrs Andrea Vuniwaqa (MBRC) and Mr Paul Barry (RLSSQ)

Drowning Prevention in the Community

Royal Life Saving Queensland proudly worked with partners Moreton Bay Regional Council and Belgravia Leisure to deliver a water safety program in May 2019. Also working with us were community organisations MDA (Multicultural Queensland) and CAMS (Caboolture Neighbourhood Centre.

People born overseas can have higher risk of drowning and Royal Life Saving is working hard to ensure we can provide access to water safety, swimming and survival education to all Queenslanders. We are so pleased with how active todays participants were and we look forward to running more of these programs in the future.

This program is supported by the Australia Government to help reduce the loss of life from drowning in inland waterways and those who are at risk.







EMPLOYEE OF THE MONTH



Nominate an employee for the Employee of the Month using the link on our website home page.

February 2019 **Miss Nina Calvet Swim School Instructor** The Plantation Aquatic Centre & Swim School

March 2019 Ms Cass May **Swim Instructor** Coordinator The Plantation Aquatic Centre

April 2019 Miss Grace Turner Administration Officer in **Training Services**

& Swim School





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