

# NEWSLETTER SPRING 2020



**President:** Mr Les Mole  
**Deputy President:** Mr Rod Welford  
**Secretary:** Mrs Carolyn Asher

## BOARD OF DIRECTORS

**Treasurer:** Mr Stephen Kay  
**Directors:** Mr Colin Harris, Mr Russell Green  
& Mr James McClelland

## PRESIDENTS MESSAGE

With winter now finally over, and the almost total containment of COVID contamination in our State, hopefully soon we will see some form of normality, return to day to day living.

The past six months have been exceptionally challenging, but I'm pleased to report that Royal Life Saving Queensland is well and truly gearing up for another busy summer.

Many aquatic facility managers continue to implement the industry changes, which were thrust upon us at the beginning of last summer, but were paused because of drought, fires and then Corona Virus.

I'd like to thank all Members again for your total commitment to the Society, and look forward to catching up during the coming Spring and Summer periods.

Les Mole  
President



## MESSAGE FROM THE EXECUTIVE DIRECTOR

I would like to extend my personal well wishes to all members and Stakeholders on what has been a very unusual period.

The aquatic industry has seen more change in the preceding twelve months, than has probably occurred in the previous ten years, and many industry participants have been challenged with keeping up to pace with the changes, and then the world was impacted by the global COVID-19 pandemic.

The financial impact of COVID-19 has been significant not only on Royal Life Saving, but also our members, trainers, workers and aquatic centres. We have all been impacted, however so far, most of have made it through with aquatic centres returning to activity.

However many parts of the industry are now starting to get back to operations and many facilities are opening this coming weekend. Royal Life Saving has already re-commenced training and we are commencing project activity to schools and community groups.

This week Royal Life Saving will release our annual National Drowning Report and next week we will hold our Annual General Meeting. Nationally, the Swim & Survive Program is in the process of being reviewed, which will be completed very soon and will see some amendments to the product.

I look forward to see members at our Annual General Meeting and wish to thank all our members and stakeholders for your continued support over the last year.

Paul Barry  
Executive Director



## KEY DATES

**18 September 2020:** Release of National Drowning Report 2020

**19 September 2020:** Queensland School Holidays – Many Aquatic Centres Open

**21 September 2020 :** Annual General Meeting

**30 November 2020 :** Cert IV Swimming Pool & Spa Service – Gumdale (CPP41319)

**January 2021 :** Expected Launch of updated HLT Units and Trainers Workshops

**February 2021:** Swim and Survive review (expected completion of review)

## COVIDsafe

The Australian Government has created an app called 'COVIDsafe' (one word). Whilst participating in Royal Life Saving activities, we strongly recommend and encourage you to download this app and have it running in the background on your smart phone. It can be accessed at [this link](#).



TRAINING UPDATE

Position Statement: Pool Plant Operator Training

With the release of the [Water Quality Guidelines for Public Aquatic Facilities](#) by the [Queensland Government](#), we have released a [Position Statement](#) to outline the qualifications that pool plant operators should gain to manage the water quality in their facility. This statement can be found using the Links below.



[Position Statement](#)



In relation to our Position Statement: Pool Plant Operator Training, our position is that staff working in high and medium risk facilities should complete this course by 31 December 2020. These Include:

- Learn-to-swim pools
- 25M & 50M pools
- Artificial lagoons with unrestricted access
- Interactive water features
- Pools used by incontinent people
- Theme park wave pools
- Holidays Park pools
- Hydrotherapy pools
- Interactive water features
- Water slides
- Wading pools
- Program pools
- Spas
- Gym pools
- School pools
- Resort pools
- Motel pools



Participants from Cert IV Course (September 2020)

Cert IV in Swimming Pool & Spa Service

The next Certificate IV in Swimming Pool and Spa Service (CPP41319), will be conducted on the following dates:

Monday 30 November 2020, to  
Wednesday 9 December 2020

at The Plantation  
1204 New Cleveland Road, Gumdale, Qld

The course cost is \$3,600.00 with a 10% discount for upfront payments

To enrol, please fill out the [Enrolment Form](#) which can be obtained using the QR code below.



[Enrolment Form](#)



[Course Brochure](#)

# ANNUAL GENERAL MEETING

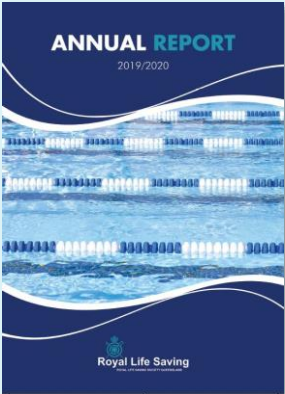
The Annual General Meeting of Royal Life Saving Society Queensland Inc will be held on Monday 21 September 2020 commencing at 6.30pm at

The Plantation Aquatic Centre  
1204 New Cleveland Road, Gumdale Qld 4154



Use the QR Code to  
view the AGM Notice

At the Annual General meeting, the society’s Annual report and Financial Statements will be presented to members.



Use the QR Code to  
view the Annual Report  
(Available after the AGM)

# EMPLOYEE OF THE MONTH

Each month we recognise an employee for their continued outstanding work and efforts to reach and exceed our core values of safety, respect, integrity and teamwork.

- April **Nina Calvet**
- May **Naomi Dawes-Gwynne**
- June **Kate Forrester**
- July **Adam McMillan-Tooth**



## Nominate

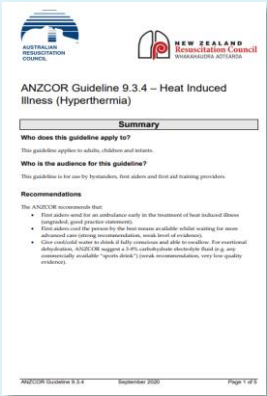
We highly value your feedback on our employees. If you believe an employee has given you exceptional service or is deserving of recognition of their continued work in the Society, please contact us on (07) 3823 2823 during regular business hours and let us know. Alternatively, please fill out the Online Nomination which can be found at the following [link](#).

# AUSTRALIAN RESUSCITATION COUNCIL

The Australian Resuscitation Council has released some updated guidelines:

- ANZCOR Guideline 9.3.4 - Heat Induced Illness (Hyperthermia)
- ANZCOR Guideline 9.4.1- Australian Snake Bite
- ANZCOR Guideline 10.2 - Advanced Life Support Training

These guidelines (plus others) can be downloaded from the ARC website ([www.resus.org.au](http://www.resus.org.au)).





## CONSTITUTION REVIEW UPDATE

Since its formation at the Special General Meeting held on 21 July 2020, the Member Review Committee has been hard at work in undertaking its review of our constitution.

Since becoming an incorporated association during the 1980s, we as a Society have grown and evolved. However, our constitution has not been updated since our incorporation and as a result, is understandably outdated and is at odds with our current activities and operations, our obligations to the Australian Charity and Not-for-profit Commission (ACNC) and the law. Further, our constitution, as it currently stands consists of the fundamental principles of our operation and our by-laws.

To address these issues, the Member Review Committee has undertaken a thorough review of our constitution and identified those provisions which:

- a) no longer align with our objects, activities and operations;
- b) do not comply with the relevant laws or our obligations to the ACNC; and
- c) should be removed as they are best placed in a separate by-laws document, or separate policy and procedure documents.

The Member Review Committee is currently working to provide us with a draft of the new proposed constitution, on which our members will have an opportunity to provide feedback, ask any questions or raise any concerns.

The next steps in this process are set out below:

<b>Step 1</b>	Provide update to members at Annual General Meeting
<b>Step 2</b>	Finalise draft or proposed new constitution and circulate a copy to members for feedback
<b>Step 3</b>	Review member feedback and address any specific questions or concerns raised
<b>Step 4</b>	Circulate final copy of proposed new constitution to members
<b>Step 5</b>	Provide notice of general meeting and intention to vote on a special resolution to members
<b>Step 6</b>	Vote on special resolution to adopt proposed new constitution at general meeting

The Member Review Committee's end goal is to produce a constitution that:

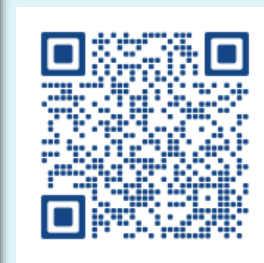
- a) aligns with and reflects our objects and purpose, and our current activities and operations;
- b) clearly sets out the rights and responsibilities of our Members (including the Board);
- c) ensures our continued compliance with all relevant laws and obligations to the ACNC
- d) provides a sense of greater transparency in the overall governance of the Society.

Stay tuned for a more detailed update, which will be provided during this year's Annual General Meeting on 21 September 2020.

Ross Williams, Jim McClland and Rod Welford.  
Member Review Committee

## NATIONAL DROWNING REPORT

Royal Life Saving Australia will release the National Drowning Report on Friday 18 September 2020. Drowning statistics may have been impacted have by the global pandemic, and with international travel restricted for the coming months, it is likely that more Australian will holiday within Australia this summer. This could mean a potential spike in drownings with potentially more people using waterways for recreation.



[National Drowning Report](#)  
(after 18 September 2020)

TRAINING UPDATE

End of Grace Period for re-accreditations (29 September 2020)

This year has seen continual and fast changes with updates from the Department of Health and industry bodies with respect to COVID-19, on 22 March 2020 we circulated our position on Training. This position statement extended some qualifications to expire on the 1 July 2020.

The 90 Day Grace Period for these qualification holders will end 29 September 2020. After this date participants will need to complete the Full Pool Lifeguard course.

National Swimming & Water Safety Framework

In September 2019, Royal Life Saving Australia held the final workshop in a series of workshops from 2017 to 2019 and was convened to facilitate collaboration and consultation with individuals from the aquatic industry, government and the education sector concerning the National Swimming and Water Safety Framework.

The final version of the National Swimming & Water Safety Framework was released August 2020.

The National Swimming and Water Safety Framework's ultimate goal is to increase the swimming and water safety skills of all Australians for lifelong safe and active participation in physical aquatic activities and recreation.

It sets out a core structure to enable people to develop the skills, knowledge, understanding, attitudes and behaviours they need to enjoy a range of aquatic environments safely.



Download the framework using the QR Code



HLT UNIT CHANGES

Skills IQ has been tasked with updating the eight Units of Competency that cover the skills and knowledge to be able to provide a First Aid response and sustain life in the event of an emergency. The First Aid IRC has approved changes which will involve:

- Updating current Units of Competency to reflect industry best practice and current regulation, and Updating current Units of Competency to ensure their scope and breadth are reflective of industry expectations
- Consideration of the skills requirements in specific areas, such as asthma and anaphylaxis
- Consideration of the need for additional criteria to address First Aid in relation to mental health.

In support of these objectives, eight updated Units of Competency were drafted and released for public consultation in August–September 2019. These units have now been approved by SkillsIQ.

Known / Expected Changes

- ♦ Coding Changes
  - ♦ Terminology
  - ♦ CPR on the floor
  - ♦ Requirement for written reports (electronic not acceptable)
  - ♦ Clarity with adult & infant manikins
- ♦ New Units are not deemed equivalence
  - ♦ Types of evidence (scenario)
  - ♦ Consistency to ARC
  - ♦ Other minor issues

Trainers Workshop for new Units

Once the new units are released on training.gov.au, all trainers will need to complete an update course to update to the new units. We will be planning trainer’s workshops in both South East Queensland and a road trip to regional locations (including Cairns and Townsville). The time frame for this will be around two months’ time.

Course	Old Code	New Code
CPR	HLTAID001	HLTAID009
First Aid	HLTAID003	HLTAID011
First Aid (E&CS)	HLTAID004	HLTAID012
Advanced Resuscitation	HLTAID007	HLTAID015



TRAINING UPDATE



Trainer App is now available

The aXcelerate Trainer App is available on the Apple App Store and Google Play Store.

- 1. Open your App Store
- 2. Search for 'aXcelerate'
- 3. Download the App

Note: The App is free. You will need to log in to the app using your aXcelerate account. If you cannot recall your login details, please contact us to assist you.

The App allows trainers to view your pre-arranged training, registered students, calendar events, tasks, Online Assessments submissions, and other administration tasks.

HLTAID007 Advanced Resuscitation Course

We are pleased to announce that we have updated the Advanced Resuscitation workbooks. For trainers to deliver this course, please register for a course with us, and then apply for an extension to your trainers accreditation.



New Oxygen Units of Competence

Commencing 15 June 2020 two (2) new units of competence (PUAEME001 Provide Emergency Care and PUAEME003 Administer Oxygen in an Emergency) replaced the previous units for Oxygen Resuscitation. These new units are similar to the old units, however include mandatory training for the use of suction devices.

Trainers are not automatically upgraded to the new units, however existing trainers will be able to delivery training of these new units if they have completed an upgrade to the new Units, or they hold the old units (which was issued/re-accredited within the previous twelve months) and a current HLTAID007

If you do not hold the new units, you will need to upgrade to the new units at the next re-accreditation.

Please note that the Pool Lifeguard Re-accreditation will change to Pool Lifeguard Upgrade to distinguish old and new courses.

V-VAC SUCTION DEVICES

To deliver the new Pool Lifeguard training, trainers will need to obtain a suction device for use in courses. Royal Life Saving Queensland uses and recommends the Laerdal V Vac Suction Unit.

The V-Vac Starter Kit recommended retail price is \$244.75 (incl GST). Our wholesale Price for trainers is \$226.75. A trainer’s kit is also available.

At this stage, whilst training in the use of suction is compulsory, it is not compulsory that aquatic facilities have suction equipment as standard equipment - please refer to the Guidelines for Safe Pool Operation (GSPO) for more details.

Please contact us if you need to purchase a suction kit.



Welcome to the Team

Joining the Royal Life Saving Team based at the Plantation

**Ashleigh** has joining as the Facility Manager for the Plantation. She comes with over six years of working in the Aquatic Industry at Leisure Centres and Theme Parks.

“I’m excited to grow the Plantation Facility to it’s maximum potential, with such a huge facility the possibilities are endless. I’m looking forward to hosting events that the whole community can be apart of.”

**Nikki** has joining the team as the Project Officer focusing on education and community projects. She comes from Central NSW, where she has 14 years of Learn to Swim experience and 3 years of managing an Aquatic Facility, running programs and working on increasing water safety and awareness in the community.

“I’m excited for the challenges and following my passion of Aquatic education in various communities around QLD and help run programs, training and education.”





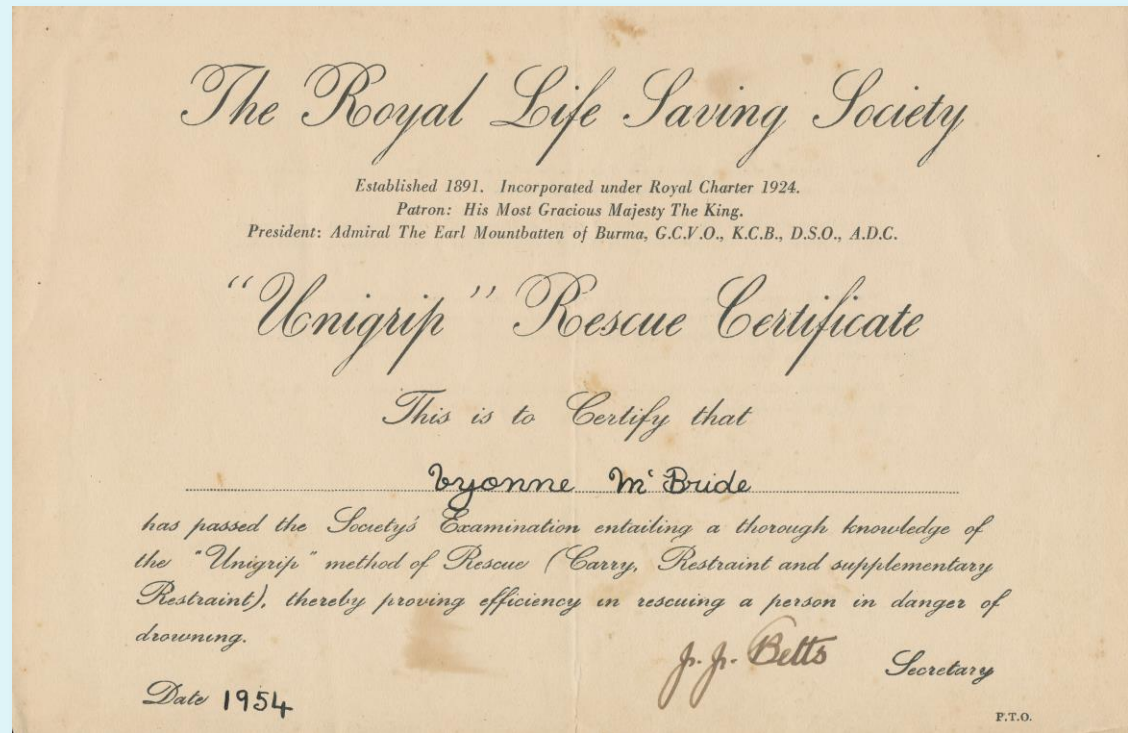
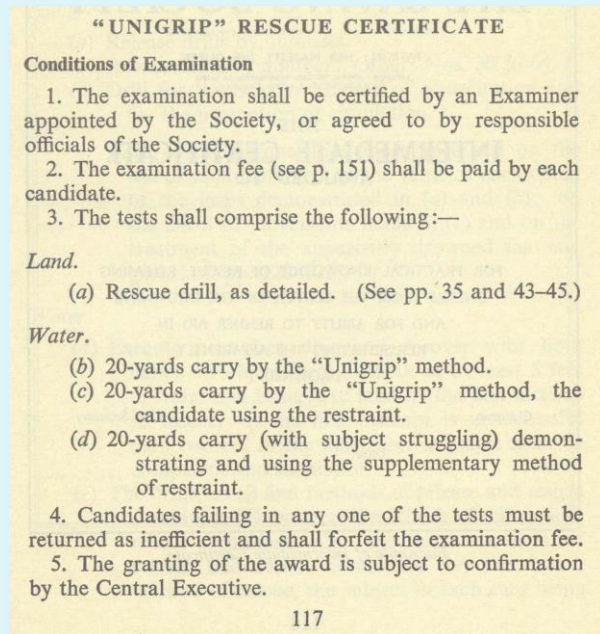
## From our Archives

### The RLSS Unigrip Rescue Certificate

The Unigrip Rescue Certificate was a RLSS award from 1946 (21<sup>st</sup> edition) to 1955 (22<sup>nd</sup> edition of Australian 1<sup>st</sup> edition). It sat between the Elementary Certificate and the Intermediate Certificate.

The examination comprised of a land rescue drill and water drills which are outlined in a copy of the 1952 handbook of instruction shown below.

Bonnie McBride, from Mackay, is finding homes for her life treasures and has donated her RLSS awards (Unigrip Rescue Certificate, Resuscitation, Bronze Medallion, Bronze Cross and the Scholar-Instructor's Certificate) to the RLSSQ Archives. She was born in 1940, named Yvonne but was called Bonnie. Her family moved to Horseshoe Bay, Magnetic Island, after the war, where she spent many hours swimming. Bonnie was sent to St Gabriel's, Charters Towers to board, where she was introduced to RLSS and gained all her awards in 1954.



The Unigrip method of rescue is used to assist a person in danger of drowning. Approaching from behind the rescuer's left arm passes over the patient's left shoulder and hold the chin with ones left hand cupped. With the left arm pressing the patient's left shoulder against the rescuer's chest, the right hand grips the patient's right shoulder. With the patient's head resting on the rescuer's left shoulder the rescuer now swims lifesaving backstroke.

The rescuer's right arm may be used to assist swimming, if the patient is not struggling. With struggling patients, the right arm is passed under the patient's right armpit which grips the patient's shoulder.

The supplementary method consists of gripping the patient's nostrils and covering mouth with left hand, while the patient holds onto the rescuer's left arm.

Our thanks to Bonnie McBride (for her certificate and her background) and James McClelland for the historical information.

## USEFUL LINKS



Student Portal  
[admin.axcelerate.com.au/learnerPortal](http://admin.axcelerate.com.au/learnerPortal)



Life Saving Training  
[www.lifesavingtraining.com.au](http://www.lifesavingtraining.com.au)



Online Shop – The Life Saving Shop  
[www.lifesavingshop.com.au](http://www.lifesavingshop.com.au)



[Course Outlines](#)



[National Aquatic Industry  
Workforce Profile](#)



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For Aquatic Facilities



Guidelines for Safe Pool Operation  
[www.guidelines.royallifesaving.com.au](http://www.guidelines.royallifesaving.com.au)

## FOR MORE INFORMATION

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