NEWSLETTER

AUTUMN 2021



BOARD OF DIRECTORS

President: Mr Les Mole Deputy President: Mr Rod Welford

Secretary: Mrs Carolyn Asher Treasurer: Mr Stephen Kay
Directors: Mr Colin Harris, Mr Russell Green & Mr Jam<u>es McClelland</u>

PRESIDENT'S MESSAGE

As another summer season comes to a close, I have to send out our best wishes to our members across the state who have suffered due to the COVID restrictions. To say that it has been very challenging for some, is an absolute under-statement. There has been some good news however, and many aquatic centres have rebounded, and their businesses are back to where they were pre-COVID.



During the coming months, the COVID jab will be rolled out here in Australia. Perhaps some normality will return to our daily lives.

I would like to send a shout out to all members to bring your attention to the Honours system, which we administer, for recognising the great work that we do in the community. Honours nominations will be due to be submitted soon, and I encourage you to make an effort to nominate those people, who you believe, have contributed admirably to our efforts in reducing the drowning toll. For further information regarding the Honours awards, please contact our head office as soon as possible.

There were significant changes that impacted our industry just prior to the COVID outbreak. Changes to the RLSS Guidelines for Safe Pool Operation, changes to the Queensland Health water management guidelines and changes to the Australian Standard AS2416 for water safety signs, have all had a huge impact. Many Local Government Associations have taken note of these changes, however converting the information into action, has been at a steady pace. The gravity of these changes, should a major incident occur, will be catastrophic for the operator, who is either negligent and/or unaware. My advice is to contact Royal Life Saving Queensland, to be fully briefed on these changes.

All the very best.

Les Mole President





Did you know?

Royal Life Saving (Nationally) has delivered more Swim Teacher courses than any other organisation in Australia making us the leading body in this field..

Royal Life Saving Queensland is part of the Life Saving Chaplaincy Australia (LSCA), which means members and volunteers can access LSCA for support (free of charge). Find our more at the LSCA website:

www.lifesavingchaplaincy.com.au

MESSAGE FROM THE EXECUTIVE DIRECTOR

It is now one year since Australia went into a lockdown following the global pandemic and it is pleasing to report that Royal Life Saving Queensland has successfully navigated the challenges of the changing world and economy. Almost every Aquatic centre in Queensland would have a risk management plan for managing things such as bomb threats, however very few of us had one for managing a pandemic. Even though, most of us managed to get through the year and re-open, with most centres almost back to normal operations.



As I reflect, Royal Life Saving over the last twelve months has improved our products, in particular the Swim & Survive program has been reviewed and aligned to the updated Swimming & Water Safety Framework and the national curriculum. The Swim & Survive program (along with Education Queensland WSSEP Program), are the only programs endorsed by Education Queensland as suitable for school swimming programs.

In this newsletter we are launching the 2021 Aquafutures Conference. I would like to invite all members, trainers and stakeholders to register for the conference. You may like to consider attending the conference in Longreach – which is such an unusual location for an aquatic conference!

KEY DATES

12-13 April 2021: Swim Teacher Course in Roma (\$100)
15-18 April 2021: Courses at the Kokoda Memorial Pool in
Townsville (CPR, First Aid, Pool Lifeguard, etc)

17-18 April 2021 : Swim Teacher Course in Airlie Beach &

Stradbroke Island

14-15 May 2021: RLSSQ is at the Ipswich Show

15 May 2021: Learn to Swim Day

15-16 May 2021 Swim teacher Course at Warwick (\$100)

23 May 2021: School Life Saving Championships

29-30 May 2021: Swim Teacher Course Griffith Uni (Mt Gravatt)

1 June 2021: Membership Renewal
 12 August – 3 Sept 2021: Aquafutures Conferences

CALLING FOR HONOURS NOMINATIONS

Royal Life Saving is committed to recognising the efforts of dedicated members, volunteers and outstanding members of the community who attempt to save the lives of others by volunteer service, carrying out rescues or performing CPR. We recognize these members of our community through our Honours Awards System.



All nominations must be made on the appropriate form (see handbook here) with a written citation attached, and submitted to the Queensland Branch, who will endorse the application before it is forwarded to the National Office for consideration.

In considering candidates for these awards, the level and length of performance and the quality of the service rendered are the necessary and key components to be reviewed and considered before any Honour or Award may be granted. Other criteria such as contributions, membership, council or committee involvement, etc. are important factors, and these may play a role in determining the candidate's eligibility and the level of the Honour awarded.

Information regarding the criteria for each award can be found here. Click on the below links for the nomination forms:

Australian Honours

Commonwealth Honours

Commonwealth Bravery

Commonwealth Service

We are now accepting nominations for Honours and Awards. Nominations should be sent to admin@rlssq.com.au. Please note that nominations close on Friday 30 April 2021 at 5:00 pm. Further information can be found on our website.

AQUAFUTURES CONFERENCE

Royal Life Saving Society Queensland is holding the Aquafutures conference in August this year. We have held the conference every two years since 2013 to support the aquatic industry and its stakeholders. This year, we will be holding the conference in various locations throughout Queensland as follows:

- North Queensland: Cairns (Mareeba)
- South East Queensland Region: Gold Coast
- Central Coastal Region: Mackay
- Regional Region: Longreach

Cont/...

Aquafutures is specifically designed to address the aquatic industry and all key stakeholders, including:

- Pool Managers & Staff
- Swim School Operators
- Local Government Staff
- Suppliers to the Aquatic Industry



The conference will deliver sessions to help educate pool operators on the current Guidelines for Safe Pool Operations and help them design a compliant Supervision Plan.

Additionally, this year we intend to hold the Courses in Longreach and Townsville regions. While the courses and locations are yet to be confirmed, our proposed Conference Schedule is shown below:

PROPOSED CALENDAR								
Mon	Tue	Wed	Thur	Fri	Sat	Sun		
August 9	10	11	12	13	14	15		
			Cairns Conference	Cairns Conference				
16	17	18	19	20	21	22		
	Townsville Course	Townsville Course		Mackay Conference	Mackay Conference			
23	24	24	26	27	28	29		
	Longreach Course	Longreach Course	Longreach Conference	Longreach Conference				
30	31	September 1	2	3	4	5		
			Gold Coast Conference	Gold Coast Conference				
Notes: Proposed locations and dates are subject to change								

We have tried to make this years conference low cost, easy for regional participants to attend and with multiple dates so no conflict would occur. With these aspects in mind, we are pleased to launch a conference program that solves these issues, by holding four conferences in four separate locations (North Queensland, Central Region, South East Queensland and Western Queensland).

More details will be available soon on the www.Aquafutures.com.au website.

AUSTRALIAN WATER SAFETY STRATEGY 2030



Since 1998, the Australian Water Safety Council (AWSC) has produced National Water Safety Plans and Strategies to guide the activities of the Australian water safety community and work towards a reduction of drowning deaths. The new <u>Australian Water Safety Strategy 2030</u> has been launched on 25 March 2021 by the Hon Mark Coulton, Minister for Regional Health, Regional Communications, and Local Government on behalf of Senator the Hon Richard Colbeck, Minister for Senior Australians and Aged Care Services, Minister for Sport in conjunction with the Australian Water Safety Council (AWSC) today at Parliament House, Canberra.

The Australian Water Safety Strategy (AWSS) plays an essential role in National, State and Territory, and community approaches to preventing drowning and promoting safe use of the nation's waterways and swimming pools. This AWSS 2030 marks a new and renewed approach. It is more structured, targeted, and reinforces four things that are key to our aspirations of reducing drowning by 50% by 2030.

- First, Australia has some of the lowest drowning rates in the world, but still every drowning is tragic and preventable. While we aimed to develop a Strategy that focused on key issues, stakeholder consultation and research demanded that we pursue all drowning issues. In this respect, the AWSS 2030 sets an agenda for all.
- Second, all drowning is local. The AWSS 2030 sets out a drowning prevention framework, aims to guide policy, influence the priorities of Government(s) and organisations, and to focus the research agenda. In truth, nothing matters more than the actions in communities.
- Third, we love the water, but we must understand its dangers and our own limitations. The AWSS 2030 presents a careful balance of focusing on drowning, while reinforcing the benefits of recreating in and around the water.
- Finally, no single organisation, Government or advocate can do it alone. Collective action, alignment with other sectors and inspiring others to make a difference are all key to our success.

In 2030, looking back and reflecting on this Strategy, we will know that we have been successful if:

- We have remained united in action,
- We have been resourceful enough to meet unexpected challenges,
- ❖ We have substantially reduced drowning in more than a few key areas of focus, and if Australians continue to love the water and do so safely.

The Australian Government's support for the AWSS is extremely important, as is that of State and Territory Governments. This support reinforces our strong collaboration and commitment to working together to reduce drowning and promote the safe use of our waterways.

We wish to acknowledge the AWSS 2030 working group (Justin Scarr, Alison Mahony, Stacey Pidgeon, Shane Daw and Jaz Lawes, and Royal Life Saving Society — Australia and Surf Life Saving Australia) for coordinating this process and publication. Thank you also to all who contributed expertise and energy to the AWSS 2030.

You can download a copy of the Australian Water Safety Strategy from our website.





RLSS CLUB BEACH CARNIVAL

The Royal Life Saving Queensland Club Beach Carnival was held on Sunday 28 May 2021 at Bulcock Beach, Caloundra. The Carnival was hosted by <a href="https://liteo.org

The event was thoroughly enjoyed by the participating Junior Lifeguards and Senior Life Savers.







• March Past Beach Flags

Beach Sprints Run-Swim-Run

Ins & Outs
 Rescue Race (Tube)

Paddle Board Presentation Ceremony



The Carnival is the finalisation of Royal Life Saving Club/Beach Junior Lifeguard programs for summer.















2021 QUEENSLAND SCHOOL LIFE SAVING CHAMPIONSHIPS

The Queensland Primary and Secondary School Life Saving Championships are being held on Sunday 23 May 2021, at the <u>Sunshine Coast Grammar Aquatic Centre</u>. The event allows schools that undertake programs such as Swim and Survive to give students a sporting alternative. The Championships are being hosted by the Sunshine Coast Grammar Pool Lifesaving Club, which is affiliated with Royal Life Saving.

The Championship for the Primary school students will include age-appropriate swim racing and rescue events, such as the 8m Line Throw, 50m Rescue Race, 100m Individual Life Saving Race, and more.

The Secondary School students will have an opportunity to compete in the 200 Individual Medley, 4 x 50m Team Survival Relay, 100m Rescue Race, and more.

The Championships are open to any school student. For more information, please refer to our website.









Download Entry Primary School

Download Entry Secondary School

Royal Life Saving would like to express our thanks to Sunshine Coast Grammar School for hosting these events.

Outside the metro Brisbane area and in need of a Swim Teacher Course?

As the Peak Body and Leaders in the Aquatic Industry, Royal Life Saving is always looking for places that are in need of access to courses. If your area needs a Swim Teacher course, contact us and we will come to you





07 3823 2823



enquires@swimteacher. com.au

Royal Life Saving are Running Courses In Mudingburra, Townsville from 15-18 April

Date	Course	Price
15	CPR	\$40
15	First Aid	\$120
15-16	Bronze Medallion	\$200
16	Bronze Medallion Re-accreditation	\$120
16-18	Pool Lifeguard Award	\$360
18	Pool Lifeguard Update	
15-18	Pool Lifeguard Package	\$420

Royal Life Saving

To see the units of competency, for more information, or to enrol visit our website at www.rlssq.com.au/courseoutlines/ or call us on 07 3823 2823







SWIM TEACHER COURSE UPDATE

Would you like a course at your centre?

Just contact us and ask...

Royal Life Saving Queensland's Swim Teacher Course has been rolled out. The first courses were conducted in Mackay, Cairns, Maryborough, and Gumdale, with Burpengary courses to commence in May 2021. The course is now being run in Gumdale on a monthly basis.

The first public Swim Teacher Extension Course (Infant and Toddler) was held in February 2021, with the next course being held on 8 April 2021.

The Swim Teacher Extension Course (People with a Disability) is scheduled to be released in June

2021.



In 2021, Royal Life Saving (Nationally) has delivered the most Swim Teacher Courses in Australia than any other organisation.

We have scheduled courses in:
Gumdale, Stradbroke Island
Airlie Beach, Roma
Warwick



Use the QR Code to view the Course Outline

Upon successful completion of the course, Royal Life Saving will provide a Swim Teacher License which complies with the GSPO, free of charge. For more information, download the <u>licensee handbook</u> which provides more information.

Please note that to deliver this course, you must be a licensed and experienced swim teacher. Any trainer who is already a presenter for AUSTSWIM or ASCTA is likely to obtain immediate registration with us to be able to deliver this course. Course materials, fees, and charges will work the same way as our other courses.





Swim Teacher Infant and toddler Extension Course \$240 8 April 2021 at Gumdale

ROYAL LIFE SAVING SOCIETY QUEENSLAND INC RTO 5431

To see units of competency, for more information or to enrol visit our website at www.swimteacher.com.au or call us on 07 3823 2823

PROJECTS UPDATE

Royal Life Saving is pleased to report updates on the following swimming and water safety projects with schools and other members of our community:

LIGHT OF THE STREET

Sinai College

With the success and great feedback from last year's program, Sinai College has decided to stay on board with us for this school term.

Two (2) Plantation swim teachers have been sent out to Sinai college in Burbank to run our swimming and water safety program. Royal Life Saving will be delivering the Swim and Survive program to students from prep to year 6.



St Patrick's College

St Patrick's College is a Catholic co-educational senior secondary school in Mackay. It is the only school in Queensland that offers education to Years 11 and 12 only.

This year, the College is conducting the School Pathway Program. The program is designed to help students gain skills and knowledge that will comprise a pathway from recreational Bronze and First Aid courses to competency-based qualifications. This, in turn, will assists students with future employment opportunities.



Manly West State School

This school term, Manly West State School has requested the services of Royal Life Saving swim teachers, to assist them in conducting their swimming program.

Located in a family-oriented suburb with panoramic views over Moreton Bay, Manly West is a coeducational primary school, serving years from Prep to year 6 students.

Our swim teachers have been providing assistance with the school's swimming and water safety program for years 1 to 6 students. The program will be run for eight weeks of the school term.



Kedron State High School

Kedron State High School are now in their 3rd year of partnership with Royal Life Saving, employing our services to run our eight-week swimming an water safety program.

Last year, Kedron students worked hard and showed vast improvements in their swimming skills. We are excited to welcome new students to this year's program. The Minister the Hon. Mark Ryan will be visiting the students to view their progress and present them with their certificates at the completion of the program this term.

Sunshine Coast, Migrant Learn to Swim and Beach Safe Program

Royal Life Saving will be running a seven-week Swim and Survive program at three Sunshine Coast aquatic centres, delivering swimming and water safety education to immigrants with little-to-no swimming ability. This will be the second year of our involvement, and our first year of running the program. Council and Royal Life Saving Queensland have partnered to bring FREE learn-to-swim and beach safety awareness sessions to migrant residents on the Sunshine Coast with the Migrant Learn to Swim and Beach Safe Program.

Migrants are a particular at-risk group when it comes to Australian drowning statistics. The Royal Life Saving initiative hopes to address that issue with a program tailored to migrants of all ages that encourages the community to safely enjoy the Australian Lifestyle, which includes pools, beaches, rivers, dams and water holes.

The program will be delivered over seven weeks and run on Saturdays, with one hour pool-based session each week in the centres. Pool sessions teach skills such as floating, wearing lifejackets, survival techniques and aquatic fitness. They are run by appropriately-qualified Aquatic Centre staff.

During the beach sessions participants will learn about the ocean, including things such as rips, currents, and safe and unsafe swimming locations. These sessions are run by Royal Life Saving Society Queensland volunteer Life Savers.

We are hoping to assist with educating its participants to be confident and safe in and around water when enjoying the region's water-based lifestyle.

For more information, please refer to this link.





UPCOMING PROJECTS

Come Splash With Us!

The 'Come Splash With Us!' program is especially designed to encourage preschool-aged children to start their water safety learning and ask questions about water safety in different aquatic environments outside of swim lessons. It is about introducing basic water safety knowledge through stories and fun educational activities. The program is due to commence in July 2021.

Royal Rescuers

Royal Rescuers is Royal Life Saving Society's new, one-hour water safety education program. The program is designed towards school students from prep to year 8, with the learning objectives of water safety and CPR awareness skills and knowledge. Royal Rescuers is aiming to teach students a range of water safety knowledge, endeavoring to make them less likely to perform risk-taking behaviours around water, preparing them to be resilient in the event of an emergency, and making sure that they feel comfortable in imparting water safety knowledge and taking safer measures. The program consists of interactive presentations, discussions and a range of fun dry-land activities.

Ipswich Water Safety

This May, Royal Life Saving will be at the Ipswich Show, providing water safety education, information about courses and programs, as well as CPR awareness and practice and Dry rescue information. So if you are in the area, come and say hello.

We will also be working with the Ipswich Council to provide Water Safety Education days in late September. This will include free introductory swim lessons for infants and toddlers, water safety information, CPR awareness and Dry Land rescue activities.

If you are interested in Royal Life Saving conducting any programs in your area, please contact our team



TRAINING UPDATES

New health units have been rolled out at the end of last year and Royal Life Saving Queensland has been running workshops in Mackay, Cairns and various Brisbane locations as well as online to explain the new units and materials.

ATTENTION TRAINERS!

If you still have yet to complete a training workshop, please contact us so that we can arrange for you to be upgraded.

CPR (Asthma & Anaphylaxis) Course (New Course)

We are pleased to announce a new course – CPR with Asthma & Anaphylaxis refresher training. This course is suitable for school and day care centres that require staff to hold the HLTAID004/011 unit of competence to update their CPR. It does not include a unit of competence for Asthma & Anaphylaxis management.

Swim Teacher Course (Course Update)

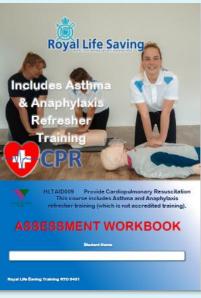
We have update the assessment workbook for our very popular Swim teacher Couse. The workbook is now split into two parts:

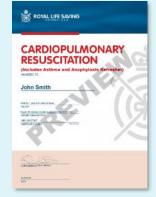
Part 1: Completed by the student during the course and handed in at the end of the course. This workbook includes theory assessment and other activities.

Part 2: Use to record Industry Onboarding and Lessons Plans

Nikki Thornhill
Manager Training & Programs







Check out our new season lifeguard tracksuit pants and jackets!

Beat the cool early morning starts or late evening finishes with our branded tracksuit

Tracksuit jackets and bottoms are available in:

Small, Medium, Large, Extra Large, and 2XL sizes.



TRACKSUIT TOP
(LIFEGUARD TRACKSUIT)
\$55⁰⁰



TRACKSUIT BOTTOMS
(LIFEGUARD TRACKSUIT)
\$40⁰⁰





www.lifesavingshop.com.au

SWIMMING POOL & SPA COURSE

Cert IV in Swimming Pool & Spa Service

The next course CPP41319 Certificate IV in Swimming Pool and Spa Service, will be conducted on the following dates:

Monday 12 April 2021, to Friday 16 April 2021, and Monday 19 April 2021, to Wednesday 21 April 2021

at The Plantation 1204 New Cleveland Road, Gumdale, Qld

The course is cost \$3,600.00 10% discount for upfront payment

To enrol, please fill out the <u>Enrolment Form</u> which Can be obtained using the QR code below.



Enrolment / Enquiry Form





Course Outline

CPP41319 CERTIFICATE IV
IN SWIMMING POOL
AND SPA SERVICE

8 DAYS
INTENSIVE
FACE TO FACE
TRAINING PROGRAM!

COURSE DATES:

12th April to 16th April 2021 (MONDAY TO FRIDAY) AND 19th to 21st April 2021 (MONDAY TO WEDNESDAY)

COURSE VENUE:

THE PLANTATION
1204 NEW CLEVELAND RD, GUMDALE QLD

COURSE COST:

\$3600.00 INCLUDING GST





FOR FUTHER INFORMATION, CONTACT ROYAL LIFE SAVING QUEENSLAND ON (07) 3823 2823



Note: To meet the Queensland Health water quality guidelines, all public swimming pools offering learn to swim lessons, must have at least one operator with a Certificate IV in Swimming Pool and Spa

SWIM TEACHER COURSE

Our Range of Swim Teacher Courses

We have a range of courses to suite your needs, starting with the Swim Teacher Course, and followed by a number of extension courses.

The Main Course: Swim Teacher Course

The Royal Life Saving Swim Teacher Course provides the minimum requirements for those persons wishing to become a learn to swim instructor. After completion of the course and your industry onboarding you will have the opportunity to apply for a RLSSQ Swim Teacher Licence. The Swim Teacher Licensee Handbook will be provided to candidates during the face to face component of the course.

Course Details

Couse Cost: \$360.00

• Pre-requisite: Reasonable communication, swimming & fitness is required

Course Length: Two days (17 hours) (an additional 3 hours for CPR)

• Minimum Age: 16 years old (must be 17 to obtain a Swim Teacher License)

• Validity: 12 months (for CPR)

Unit(s) of Competence

- HLTAID009 Perform Cardiopulmonary Resuscitation (Optional)
- SISCAQU002 Perform Basic Water Rescues
- SISCAQU008 Instruct water familiarisation, buoyancy and mobility skills
- SISCAQU009 Instruct water safety and survival skills
- SISCAQU010 Instruct swimming strokes

Extension Courses

Once you have completed your Swim Teacher Course (either with us or another training provider), you may wish to consider the following extension courses:

- · Teacher of Infant and Toddler
- <u>Teacher of People with a Disability</u> (expected commencement June 2021)

View our course outlines (including units of competence) here. Please contact us for more details.

Enquire or Register for a Course

WHO TO CONTACT IN THE OFFICE

We have a number of new staff and each staff member has specific duties. Whilst every staff member will do their best to help you, the following list will assist you determine the most appropriate person to speak to in the office:

Course set up	Bev	admin@rlssq.com.au
Course Registration	Taylah	courses@rlssq.com.au
Pack Dispatch	Taylah	courses@rlssq.com.au
Memberships	Agata	membership@lifesavingtraining.com.a
Swim & Survive	Ben	swimandsurvive@rlssq.com.au
Projects	Nikki	nikki@rlssq.com.au
Accounts	Saad	accounts@rlssq.com.au
Shop / Sales	Grant	reception@rlssq.com.au
Workbook design	Nina	nina@lifsavingtraining.com.au
Certificates	Alona,	qualifications@rlssq.com.au

Christian & Meghan

WELCOME TO THE TEAM





Melinda and Celine have recently joined the Royal Life Saving Team at the Plantation.

Melinda has joined the Training Department, and Celine is our new Accounts and HR Assistant.

Melinda

Celine

USEFUL LINKS



Student Portal admin.axcelerate.com.au/learnerPortal



Life Saving Training www.lifesavingtraining.com.au



Online Shop – The Life Saving Shop www.lifesavingshop.com.au



Course Outlines



National Aquatic Industry
Workforce Profile





STERED CHARA

Proudly supported by





















For Aquatic Facilities



Guidelines for Safe Pool Operation www.guidelines.royallifesaving.com.au

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- twitter.com/RoyalLifeSaving
- rlssq.com.au lifesavingtraining.com.au

FOR MORE INFORMATION

Royal Life Saving Society Queensland Inc ABN 60 478 008 791 RTO 5431

(07) 3823 2823

□ admin@rlssq.com.au

The Australian Government has created an app called 'COVIDsafe' (one word). Whilst participating in Royal Life Saving activities, we strongly recommend and encourage you to download this app and have it running in the background on your smart phone. It can be accessed at this link.