



President: Mr Les Mole

Secretary: Mrs Carolyn Asher

Directors: Mr Colin Harris, Mr Russell Green & Mr James McClelland

Deputy President: Mr Rod Welford

Treasurer: Mr Stephen Kay

PRESIDENT'S MESSAGE

With the summer season on our doorstep and the recently released national drowning statistics, it's time to refocus our efforts on water safety initiatives.

During winter there has been no let up for our state office staff, unlike our counterparts down south, who have experienced an extensive lockdown and lockout period. Who could have imagined that the border between Queensland and New South Wales would be closed for a six month period?

North Queensland has escaped the grips of this ugly disease, however, tourism to the region is strictly reduced to "Queensland only" residents. Thankfully other industries uniquely based in the north and central Queensland, have been able to continue to function and provide employment solutions.

The aquatics industry is proving to be resilient and the sooner the weather heats up, the better.

Hopefully by this time next year, the disease will become history, instead of relentless 24/7 news.

All the best for the remainder of 2021!

Les Mole
State President



MESSAGE FROM THE EXECUTIVE DIRECTOR

I was pleased to present to members the Annual Report at the Annual General Meeting (AGM) on Thursday 23 September 2021. Notwithstanding the difficulties of the last twelve months, Royal Life Saving has had a very busy and active year. Life member Mrs Gwen Welford BEM and Mrs Ann Brett OAM attended the AGM and displayed their awards (with Mrs Brett only recently being invested by the Governor).

Unfortunately we were unable to hold our Aquafutures Conference, as it coincided with a short round of restrictions and with some speakers and attendees from interstate, it made the conference difficult to proceed.

We have made the decision to reduce the minimum age to 16 for our Swim Teacher course. Most Royal Life Saving State/Territory branches have moved to 16 years for training and licensing reflecting industry needs and requirements.

We are developing some exciting new courses which are in the pipeline, I won't spoil the news on these - they will be coming soon. As online CPR with completely paperless assessment is now available for use by all trainers, this will mean withdrawal of our existing online CPR course. Notices will go to trainers in the next few days.

We are also rolling out an employer portal, which will be available for larger employers that undertake training with us. This allows employers to access certificates and course information, for their staff (with appropriate privacy authorisation).

I am looking forward to a busy end of the year.

Regards
Paul Barry
Executive Director



KEY DATES

14 October 2021:	Wet and Wise Mt Cotton SS Program
23 October 2021:	RLSSA AGM
30 October 2021:	Sunshine Coast Multicultural Program
6 December 2021:	ARC Quarterly Meeting

MEMBERSHIP RENEWAL

We are now finalising our Royal Life Saving Society Queensland memberships for the 2021/22 financial year.

If you have not had the chance to renew your membership or would like to apply to be a member, please complete and send through your membership form.

The Royal Life Saving Society (RLSS) is a public benevolent institution with Her Majesty The Queen as our Commonwealth Patron. The RLSS has a leadership role in drowning prevention in 27 Commonwealth Countries; the Queensland Branch was established in 1905 and is the oldest lifesaving society in Queensland.

Our motto is:

'Whomsoever you see in distress, recognise in them a fellow human being'; By joining the RLSSQ, you are signifying that you desire to be part of a society with royal patronage and for the charitable purpose of drowning prevention.

You can renew your membership by completing the one-page Membership Renewal form. To access this membership form, click the link here or scan the QR code below.

You can apply to be a member by completing a New Member Application form. To access this membership form, click the link here or scan the QR code below.



**New Membership
Form**



**Existing Membership
Form**

CONT...

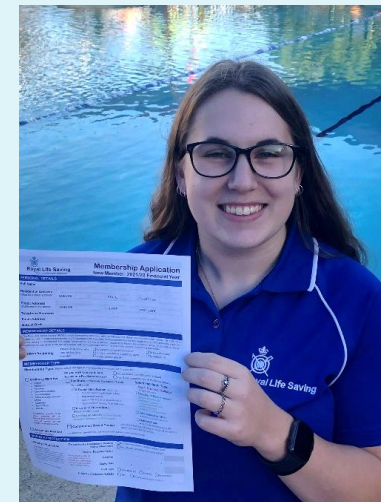
If you are active in the society and over 18 years of age, you will need to provide a copy of your Blue Card or Exemption Card which will be linked to us.

Please complete the form, and email a scanned copy to us at membership@lifesavingtraining.com.au



Information Sheet

You may wish to consider becoming a Trainer or a Facilitator with us. Have a look at [this information sheet](#) on how you can become a Facilitator or a Competency-Based Trainer.



AIRLIE BEACH JUNIOR LIFEGUARD PROGRAM

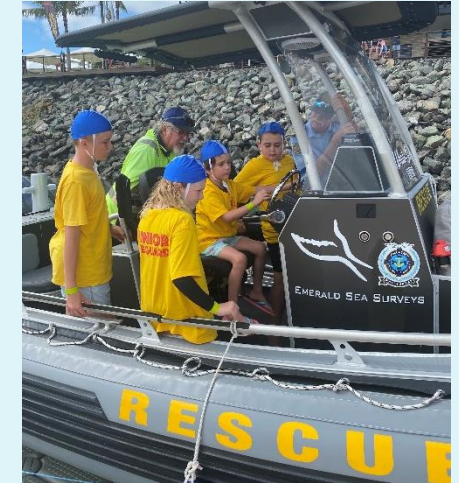
Junior Lifeguard School holiday program is an initiative started by Royal Life Saving Society Queensland (RLSSQ) along with Queensland Emergency Services. The overall aim of the program is to help establish a lifesaving club within the community of Airlie Beach.

The program ran from the 28 June 2021 to 9 July 2021, following a Monday to Friday structure. The program started at 10 am every morning and concluded at 3 pm every afternoon. Local community support was received from the local council alongside sponsors from Dominos and Woolworths.

The activities centered around CPR awareness, community engagement, first aid knowledge development and water safety. Queensland Fire and Emergency services visited during the first week to display a fire truck and their rescue equipment. The following week, Queensland Ambulance services visited the kids in which they showed them how to place a casualty on a stretcher safely and how a paramedic may monitor a person's health during transport.

Overall, the program was a huge success resulting in 46 enrolments, 91 members and a bronze medallion qualification. The kids developed rescue skills, first aid knowledge and CPR awareness. Next steps for the program are in active planning for the Summer school holidays along with organising more community involvement.

We would like to thank Queensland Fire and Emergency Services and all our sponsors for allowing RLSSQ to reach the community of Airlie Beach and teach the younger generation of lifesavers.



VOLUNTEER OPPORTUNITIES

Emergency Service Cadets

The PCYC Queensland Emergency Services Cadets program is delivered in partnership with PCYC Queensland and Queensland's emergency services, thanks to the support of Queensland Fire and Emergency Services.



The program is offered to young people aged 12 to 17 and operates out of an emergency service facility within a community under the leadership and guidance of volunteer adult leaders and mentoring emergency services personnel. Currently there are 17 unit locations operating.

Cadets learn a diverse range of emergency service skills, develop their leadership potential and are encouraged to explore a career pathway or ongoing volunteering with emergency services; as the program has a focus on "building the next generation of emergency service volunteers".

PCYC Emergency Services Cadets at a glance:

- Cadet programs operate out of sponsoring emergency service facilities.
- Young people are encouraged to consider a career in emergency services or to become an adult volunteer in emergency services.
- Cadets learn a diverse range of emergency response skills from highly experienced personnel.
- **It is free to join!**

Airlie Beach Patrol

Beach patrol will be commencing in the near future at local beaches in the Whitsundays council region. Beach patrol is a significant aspect of the club along with Volunteers and parent helpers.

Without volunteers, community programs and initiatives will cease. Beach Patrol activities will include, setting up and closing beach patrol services and providing first aid and lifeguard services to the community of Airlie Beach.

CONT/...

Volunteering is at the heart of Airlie Beach Lifeguard Club as the club relies on the local community to grow.

To establish the club, Airlie Beach Patrol require volunteers to help grow the club to its full potential. Volunteering looks different for each individual, even if it volunteering to help set up in the morning. Volunteering to help to supervise and organise the junior lifeguard program or volunteering a few hours a day or week. Volunteers are able to obtain their First Aid and Bronze Medallion qualification through active volunteering at low costs.



Ipswich Water Safety Education Day

On Wednesday 22 and Thursday 23 of September 2021, Royal Life Saving Society Queensland (RLSSQ) will provide a free program to the community on Water Safety Education. Over 7 sessions per day, we will be offering water safety lessons for children 5 and under, water safety education, pool supervision and CPR education for parents. If you would love to get involved please give us a call on (07) 3823 2823.

Dippers

The Royal Life Saving Society will be running an incredible beach program for individuals with disabilities in the months of February and March 2022. If you are interested in helping us or want to find out more please give us a call or submit an expression of interest at: <https://autismswim.com.au/dippers-expressions-of-interest-ithaca-caloundra/>

AUSTRALIAN LIFE SAVING TEAM



The Lifesaving World Championships (LWC) is an event that is contested biennially, consisting of events spread across the pool, beach and ocean in both Open & Youth age categories.

For the LWC2022 Campaign, the Australian Life Saving Team High Performance Program will be made up of 4 squads:

- Australian Life Saving High Performance Squad (ALT)
- Australian Pathway Life Saving Squad
- Australian Youth Life Saving Squad (AYLT)
- U14/U15 Talent ID Squad

The 2022 Lifesaving World Championships Campaign has already seen the cancellation of Sanyo Cup 2021 (Miyazaki, Japan) and International Surf Rescue Challenge 2021 (Daytona Beach, USA) as international travel restrictions and mandatory quarantine periods remain in place stemming from the COVID-19 pandemic.

At this stage it is still planned for Life Saving World Championships 2022 in Riccione, Italy to go ahead as planned however will continuously be monitored how COVID-19 restrictions evolve following further vaccinations in Australia and globally.

HM THE QUEEN, PATRON OF RLSS



HM The Queen on Conference Call

Royal Life Saving is delighted that on 10 May 2021 Her Majesty The Queen, 95, Patron of the Royal Life Saving Society since 1952, dedicated time to reflect on the importance of drowning prevention work.

In 1941 as the then Princess Elizabeth, she was the first young person in the Commonwealth to achieve the Society's Junior Respiration Award, providing an example to young people and helping to establish lifesaving and resuscitation qualifications across the network of nations.

You can watch HM The Queen speaking about her experiences in the video at this link: <https://rlssq.com.au/hm-the-queen-on-conference-call/>

The Queen's memories of achieving a Life Saving Award with Royal Life Saving in 1941, aged 14. Her Majesty, spoke to lifesavers and researchers from the organisation via video call last week – 80 years after completing her Junior Respiration Award.

The Royal Life Saving Society works in 30 Commonwealth nations to combat preventable death by drowning, and promote water safety and lifesaving education. Drowning remains one of the biggest causes of preventable death in the world today, with an estimated 235,000 deaths every year.

PROJECTS UPDATE

Royal Life Saving is pleased to report updates on the following swimming and water safety projects with schools and other members of our community:

Ipswich Show

RLSSQ staff went to the Ipswich show in May to provide water safety education, activities for children and CPR awareness. The activities included practicing CPR on our manikins and performing dry land rescues; Reach and Throw. Staff had a fantastic time talking to locals and visitors. Approximately 4500 people came to the RLSSQ table over the 3 days, with around 600 people participating in the activities.

Woodlinks State School

Royal Life Saving delivered a presentation at Woodlinks State School on water safety and rescue techniques.

Our trainers delivered a series of displays and demonstrations relating to water safety, how to have fun safely in water and the importance of adult supervision whilst swimming. This focused on the beach, public swimming pools and home pools. The school teachers were delighted that all children were enthusiastic and involved with the presentation and demonstrations.

We look forward to delivering further water safety and rescue technique projects.

Brisbane Golf CPR

RLSSQ staff ran a community-based CPR awareness session at Brisbane Golf Club in June. 28 members from the community participated in the 2.5-hour session which had a combination of theory and practical demonstrations, covering the Primary Survey and CPR. Participants were able to then demonstrate their skills on adult, child and infant mannikins. Many participants provided great feedback, with an expression of another session wanting to be conducted for those that were unable to attend on the evening.



Cube Sport

Cube Sport is a school holidays program for school aged children from Prep to year 6. Cube Sport provides children with entry level knowledge and activities for First Aid and CPR awareness for home, school and around the beach and surf. Cube sport is a fantastic opportunity for children to learn how to provide First Aid or CPR for themselves, a friend or parent in need. The children from each school were able to engage in First Aid and CPR fun activities involving CPR manikins, Bandages, Epi pens, 000 Calls and dressing in Lifeguard Uniforms. Royal Life Saving Society Queensland would like to thank all schools and students that participated in our program in the Brisbane, Ipswich, Sunshine Coast, Gold Coast Areas with 15 enrolled schools 20 – 30 students per school group being a part of the program each week. We are looking forward to the next school holidays to bring more Cube Sport Programs to Schools all over Queensland.

Grey Medallion

The Grey Medallion is a Water Safety and Lifesaving skills program for older adults aimed at reducing drowning rates and encourage an independent and active lifestyle. The program endeavours to teach participants a range of personal survival techniques, skills to deal with an emergency situation and to develop confidence and competence to enjoy aquatic exercise, update current knowledge and skills and experience other water-based activities safely. During July, RLSSQ staff have been conducting the program at Cleveland Aquatic Centre, using a combination of theory and practical components to deliver the program in a fun and engaging way. Upon completion, the participants received a certificate and Grey Medallion Medal. I also have another Grey Medallion booked in at Redcliffe War Memorial Pool in October, so come down and join in the fun!



PROJECTS UPDATE

Royal Life Saving is pleased to report updates on the following swimming and water safety projects with schools and other members of our community:

Ipswich Water Safety Education Day

On Wednesday 22 and Thursday 23 of September 2021, Royal Life Saving Society Queensland (RLSSQ) provided a free program on Water Safety Education. Each day, the event will include:

- Water safety lessons for children 5 and under (water sessions of 30 minutes, 15 minutes for 6 months to 1-year old children)
- Water safety education (importance of supervision, dangers at various aquatic locations, impact of drowning and more)
- Pool supervision and
- CPR education to parents (demonstration of basic CPR for infants and children)

For more information please give us a call on (07) 3823 2823



UPCOMING PROJECTS

September

Royal Rescuers

The Royal Life Saving Society Royal Rescuers one (1) hour Water Safety Education Program is a water safety, and CPR awareness skills and knowledge program for school students (prep – year 8), aiming to provide the skills and knowledge for staying safe in and around the water, how to offer assistance and CPR awareness.

The Royal Rescuers Program recognises that students who gain and understand this information and skills and continue to learn about water safety at a young age, are less likely to perform risk taking behaviours around water, are more resilient in the event of an emergency and feel comfortable in imparting water safety knowledge and taking safer measures.

The Royal Rescuers Program endeavours to teach students a range of water safety knowledge and provide them with awareness of emergency situations and personal help techniques.



UPCOMING PROJECTS



Airlie Beach Junior Lifeguard Program

Following the success of the Airlie Beach Junior Lifeguard Program run in June-July, Royal Life Saving Society returned to Airlie to run a program from the 18 September to 3 October 2021. This program is returning in January 2022 for their next program.



The program will give active children and teens aged 6 to 15-years-old vital CPR, first-aid and rescue skills.

Additionally, the special junior lifeguard program is designed for kids who can already swim 25 metres. However swimming instructors will be on hand to help those who need some coaching to make the grade.

“This is an exciting opportunity for children and teenagers to use their holiday downtime to pick up skills that are literally life saving, as well as having fun in the pristine water at Airlie Beach,” – Nikki Thornhill, Manager of Programs

Wet and Wise Program – Mt Cotton State School

The Royal Life Saving Society Wet and Wise is a Classroom and Water Based Water Safety Education Program is a water safety, CPR awareness and aquatic survival skills and knowledge program for Primary (Prep – year 6) school students aiming to provide the skills and knowledge for staying safe in and around the water, how to offer assistance and CPR awareness.

The Wet and Wise Program recognises that students who gain these skills and knowledge at a young age are less likely to perform risk taking behaviours in and around water, are more resilient in the event of an emergency and feel comfortable in imparting water safety knowledge and taking safer measures.

They are also at a lower risk of drowning if they learn and practice these skills regularly each year. The Wet and Wise Program endeavours to teach students a range of water safety and survival knowledge and skills and provide them with awareness of emergency situations and personal help techniques.



UPCOMING PROJECTS

Ipswich Orion Lagoon Multicultural Intensive Program

Royal Life Saving Society Queensland (RLSSQ) will provide free multicultural intensive lessons over a 5 day period at Ipswich Orion Lagoon. This follows after success at the Sunshine Coast Multicultural Program.

For more information please give us a call on (07) 3823 2823.

Seniors Water Safety Activities

Royal Life Saving Society will be conducting workshops and demonstrations at Cleveland Aquatic Centre for Seniors Week. This involves a water safety demonstration and a CPR awareness demonstration.



Migrant Beach Safe Program

The Sunshine Coast Council and Royal Life Saving Society Queensland have again partnered to bring **FREE** learn to swim and beach safety awareness sessions to migrant residents of the Sunshine Coast.

The program includes seven weeks of water safety and swimming lessons at two local Aquatic Centres – mixed and women-only sessions at Goodlife Community Centre, Buderim, and mixed sessions at Nambour Aquatic Centre; and in addition, two beach sessions at Bulcock Beach, Caloundra.

The program begins with a welcome morning tea on Saturday 23 October 2021, and learn to swim sessions then commence for seven weeks from Saturday 30 October 2021 until Saturday 11 December 2021. The two beach sessions will be held on Saturday 6 November and Saturday 13 November 2021.

Migrant Learn to Swim and Beach Safe Program

Take the plunge!

Spending time at the beach and taking part in water-based activities are very popular on the Sunshine Coast. Everyone should have the chance to enjoy our wonderful lifestyle. Migrant residents of the Sunshine Coast are invited to attend **FREE** learn to swim classes in a pool incorporating water safety and water confidence sessions, plus beach safety awareness sessions thanks to a partnership between Sunshine Coast Council and the Royal Life Saving Society Queensland.

Migrants Take the Plunge
A seven week learn to swim program for migrant women and men taking place at Nambour Aquatic Centre and Goodlife Community Centre, Buderim.

Migrant Women Take the Plunge
A seven week learn to swim program designed specifically for migrant women only, taking place at Goodlife Community Centre, Buderim.

Royal Life Saving Society Queensland Beach Safe Program
Learn beach safety awareness with trained Royal Life Saving Society Queensland lifeguards at Bulcock Beach Caloundra at two beach sessions.

Program conditions:

- Participants must commit to the full seven weeks of the program including the two Beach Safe Program sessions.
- Participants must be a resident of the Sunshine Coast Local Government Area
- Participants must be of a migrant background
- Participants must be over the age of 18

For further information and to submit your expression of interest, please go to [council's website](#).

GOODLIFE HEALTHY LIVING | Member | ROYAL LIFE SAVING SURVIVE | Sunshine Coast COUNCIL

TRAINING UPDATES

If you are interested in Royal Life Saving conducting any programs in your area, please contact our team

New health units have been rolled out at the end of last year and Royal Life Saving Queensland has been running workshops in Mackay, Cairns and various Brisbane locations as well as online to explain the new units and materials.

ATTENTION TRAINERS!

If you still have yet to complete a training workshop, please contact us so that we can arrange for you to be upgraded.

Swim Teacher Course (Course Update)

- New minimum age of 16 years
- No minimum hour requirement anymore
- Upon successful completion of the course, certificates will be distributed, however the license will be given once competent with teaching.

New online CPR Course

Royal Life Saving Queensland is pleased to have available our new online CPR Course, which is intended to replace our existing online offering. We are inviting trainers to utilise this course in a live environment.

The new online course has some benefits:

- A paperless course (no workbook, ARF, etc)
- A cheaper course cost (\$15 per student) for trainers
- Conversion of multi-choice style assessment to an online integrated learning and assessment module
- No need to return paper materials (or an ARF) with all trainers assessment to be completed on the app

The new online course will not be suitable for all students, trainers or locations, however will allow us to provide an online solutions for those students and trainers that use this style. *Please note that existing paper based CPR Course (process and materials) remains unchanged.



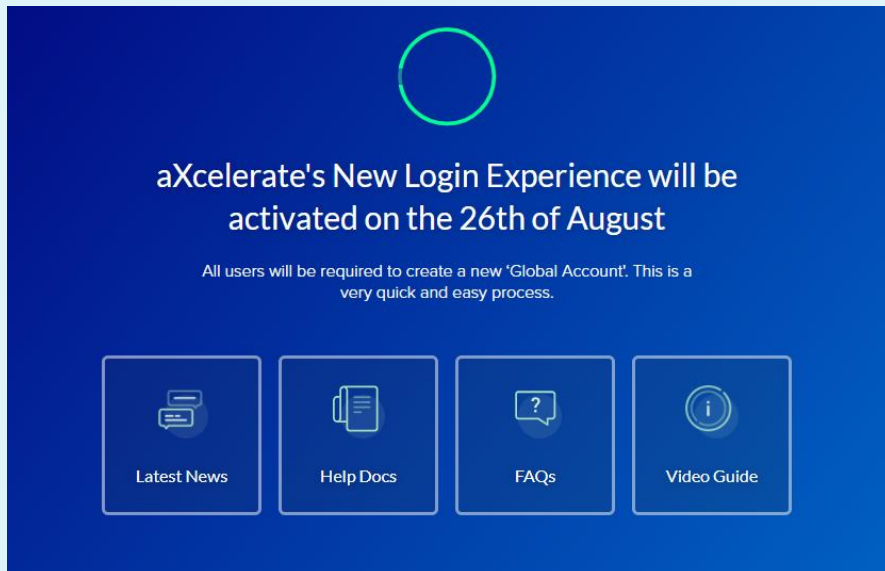
TRAINING UPDATES

New Login process (to your aXcelerate account)

Royal Life Saving uses an industry leading student management system known as aXcelerate. This system has undergone an important update which enhances security. This email explains the changes and provides a link to help you with the updated system.

As part of this update, you will have a new link to access aXcelerate. The new link is shown below and is active now. Please update your bookmarks to this link: <https://rlsq.app.axcelerate.com/>

aXcelerate's login experience will be changing on 26 August 2021 and all users will create a new 'Global Account'. As part of these changes, the user creation and registration process will also be changing with aXcelerate, no longer automatically generating and emailing passwords. Going forward, users will be invited to create their own accounts with their own passwords, or create their account using their Apple, Facebook, or Google accounts.



The image shows a blue banner with a white circle at the top. The text reads: "aXcelerate's New Login Experience will be activated on the 26th of August". Below this, it says: "All users will be required to create a new 'Global Account'. This is a very quick and easy process." At the bottom, there are four white-bordered boxes with icons and text: "Latest News" (with a speech bubble icon), "Help Docs" (with a document icon), "FAQs" (with a question mark icon), and "Video Guide" (with an information icon).



Creating a Global aXcelerate Account

For existing users creating a global account, you will first need to log in to your current aXcelerate account with your username and password. Once you have logged in, you will be prompted to link your aXcelerate account to your Google, Facebook or Apple account or alternatively use an email address or mobile phone number and password.

1. Log in to aXcelerate with your existing password
2. Select an alternate authentication method
3. If you choose to log in with an email address or mobile phone number and password, you will be sent a verification code that you will need to be entered to validate your credentials
4. Next time you log in, select your new authentication method

Nikki Thornhill
Manager Training & Programs



SWIM TEACHER EXTENSION COURSES

We have a range of courses to suit your needs. Since the release of the Swim Teacher- Teacher Of Swimming And Water Safety we have had enormous demand for extension courses to be released. Since, we have created numerous extension courses including; Teacher of Infant and Toddler and Teacher of People with a Disability

Swim Teacher: Infants and Toddlers

This course will deliver the skills and knowledge required to select an appropriate progression of activities to promote the development of infants and toddlers over 6 months of age in an aquatic environment.

It applies to those conducting learn-to-swim and water safety classes in swimming pools and confined natural shallow water venues. This course will ensure that work is performed according to relevant legislation including working with children and/or vulnerable people checks, organisational policies and procedures and best practice principles of aquatic activities.

Course Details

- Course Cost: \$240
- Course Length: One Day (8 hours) (an additional 3 hours for CPR, optional)
- Minimum Age: 16 years old
- Validity: 12 months (CPR only)
- Prerequisites: Student must hold the following units of competence (or equivalence):
 - HLTAID009 Perform Cardiopulmonary Resuscitation (Optional, based on student need)
 - SISCAQU002 Perform Basic Water Rescues
 - SISCAQU008 Instruct Water Familiarisation, Buoyancy and Mobility skills
 - SISCAQU009 Instruct Water Safety and Survival skills
 - SISCAQU010 Instruct Swimming Strokes

- A minimum age of 16 years
- Hold a swim teacher license: Teacher of Swimming and Water Safety

Unit(s) of Competence

- HLTAID009 Perform Cardiopulmonary Resuscitation (Optional, based on student need)
- SISCAQU011 Promote development of infants and toddlers in an aquatic environment

View our course outlines (including units of competence) [here](#). Please contact us for more details.



The infographic features a blue background with a large orange arrow pointing right. The text is white and orange. At the bottom, there is a logo for Royal Life Saving Queensland and a 'BOOK NOW!' button.

**SWIM
TEACHER
EXTENSION
COURSE**
Infant and Toddler
Just \$230!

BOOK NOW!

DATE: 30 OCT 2021
LOCATION: GUMDALE

**ROYAL LIFE SAVING
QUEENSLAND**
Royal Life Saving Training (RTO 5431)

CONTINUED: SWIM TEACHER EXTENSION COURSES

Swim Teacher: People with a Disability

The Royal Life Saving Swim Teacher of a Person with a Disability Course provides the minimum requirements for those persons wishing to be a learn to swim instructor and teach those with a disability. Once your certificate is issued you will have the opportunity to apply for a RLSSQ Swim Teacher Licence or update your licence as outlined in the Guidelines for Safe Pool Operations. The Swim Teacher Licensee Handbook will be provided to candidates during the face to face component of the course.

Course Details

- Course Cost: \$240
- Course Length: One Day (8 hours) (an additional 3 hours for CPR, optional)
- Minimum Age: 16 years old
- Validity: 12 months (CPR only)
- Pre-requisite: Student must hold the following units of competence (or equivalence):
 - HLTAID009 Perform Cardiopulmonary Resuscitation (Optional, based on student need)
 - SISCAQU002 Perform Basic Water Rescues
 - SISCAQU008 Instruct Water Familiarisation, Buoyancy and Mobility skills
 - SISCAQU009 Instruct Water Safety and Survival skills
 - SISCAQU010 Instruct Swimming Strokes
- A minimum age of 16 years
- Hold a swim teacher license: Teacher of Swimming and Water Safety

Unit(s) of Competence

- HLTAID009 Perform Cardiopulmonary Resuscitation (Optional, based on student need)
- SISCAQU012 Assist participants with a disability during aquatic activities

View our course outlines (including units of competence) [here](#). Please contact us for more details.

Life Saving Shop

CPR Travel Manikin Mini Baby Global

Mini Baby Global is an inflatable manikin with an integrated Child compression clicker and simulated AED trainer. The unit is an inexpensive portable manikin for use by trainers and participants to learn the basics of CPR.



CPR Travel
Manikin: Mini
Baby Global
\$35.20



Visit the Life Saving Shop to order
yours today!!
www.lifesavingshop.com.au

Please refer to our website for product description, features and for more information. Limited stock available.

NATIONAL DROWNING REPORT 2021

On 8 September 2021, in a joint release, the Royal Life Saving National Drowning Report 2021 and Surf Life Saving National Coastal Safety Report 2021 were released. There were 294 drowning deaths in the past 12 months across Australia's coastline, inland waterways and pools, which is 20% higher than last year (245).

Concerningly there was 75 drownings in inland waterways which is a 53% increase, and 66 drowning at beach, which is a 50% increase.

While further research is needed, the findings from RLSSA show that the impacts of COVID on increases in drowning deaths is largely attributable to:

1. Increased drowning risk among Australians visiting unfamiliar locations.

COVID has seen more people seeking out remote places to escape crowds, swimming outside of patrolled hours, taking more day trips to isolated beaches, rivers or lakes and holidaying domestically at unfamiliar locations.

2. Increased drowning risk around the home. Complacency can often seep in when people are exhausted from working from home, homeschooling, and restricted time in confined spaces, sometimes resulting in distractions or unsupervised children around water.

3. Australians lack the swimming skills necessary to enjoy the water safely.

COVID has seen children missing out on swimming lessons, adults and teenagers with reduced pool access who are no longer swim fit and/or lack confidence in the water leading to increased drowning incidents in open waterways.

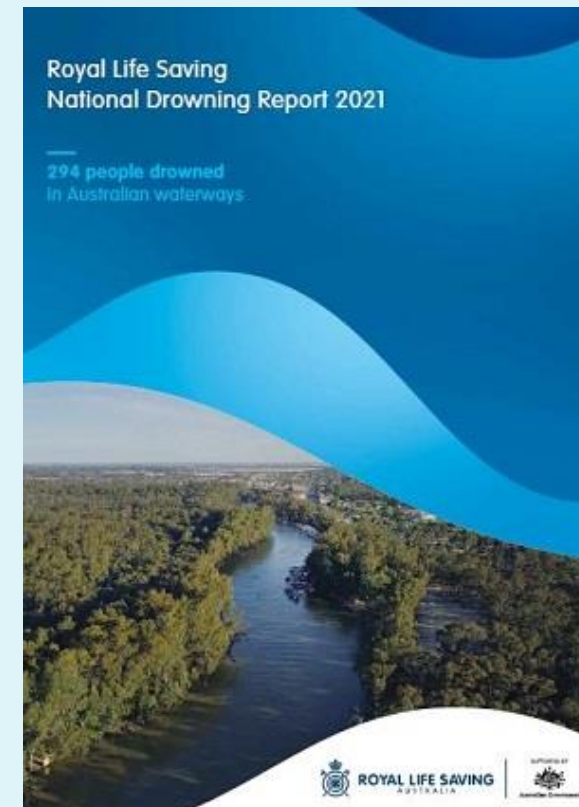
[Click here](#) to download the 2021 National Drowning Report.



Alternatively, scan here to access the report.

Key facts include:

- Rescue-related incidents on our coast were up 150% from average, with rip currents at unpatrolled locations being prominent factors within these incidents
- There were 25 drowning deaths among children aged 0-4 years, an 108% increase on last year and a 9% increase on the 10-year average.
- People aged 25-34 years accounted for 17% of all drowning deaths, the most of any age group.
- 136 drowning deaths occurred on coastal waters, an 13% increase on last year and the 10-year average (n=120).
- 75 drowning deaths occurred in rivers and creeks; this is a 53% increase on last year.



WELCOME TO THE TEAM

Marketing and Communications



Emma



Holly

Emma and Holly have recently joined us to form our marketing and communications team.

Administration



Amy



Beth

Amy and Beth have recently joined us as additions to our administration team.

Qualifications



Cathy



Maddie

Cathy and Maddie have recently joined us to form our qualifications team.

Projects



Matti



Liz

Matti and Liz have recently joined us as additions to our Projects team.

WHO TO CONTACT IN THE OFFICE

We have a number of new staff and each staff member has specific duties. Whilst every staff member will do their best to help you, the following list will assist you determine the most appropriate person to speak to in the office:

Course set up	Bev & Amy	training@rlssq.com.au
Course Registration	Tenisha	courses@rlssq.com.au
Pack Dispatch	Tenisha	courses@rlssq.com.au
Memberships	Tenisha	membership@lifesavingtraining.com.au
Swim & Survive	Ben	swimandsurvive@rlssq.com.au
Projects	Matti	projects@rlssq.com.au
Accounts	Saad	accounts@rlssq.com.au
Shop / Sales	Grant	reception@rlssq.com.au
Marketing	Emma & Holly	marketing@lifesavingtraining.com.au
Workbook design	Nina	nina@lifesavingtraining.com.au
Certificates	Maddie, & Cathy	qualifications@rlssq.com.au

USEFUL LINKS



Student Portal
admin.axcelerate.com.au/learnerPortal



Life Saving Training
www.lifesavingtraining.com.au



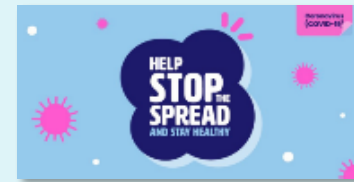
Online Shop – The Life Saving Shop
www.lifesavingshop.com.au



[Course Outlines](#)



[National Aquatic Industry Workforce Profile](#)



For Aquatic Facilities



Guidelines for Safe Pool Operation
www.guidelines.royallifesaving.com.au



FOR MORE INFORMATION

Royal Life Saving Society Queensland Inc
ABN 60 478 008 791 RTO 5431
☎ (07) 3823 2823
✉ admin@rlssq.com.au

CONNECT WITH US

📘 facebook.com/RLSSQ/
📺 youtube.com/RoyalLifeSavingAust
🐦 twitter.com/RoyalLifeSaving
🌐 rlssq.com.au lifesavingtraining.com.au
🌐 <https://www.swimteacher.com.au/>

[Enquire or Register for a Course](#)